HEALTH SCIENCE Public Health, B.S. (120 Units) Valid for Catalog Years: 2025/2026 to Current

PH 90: Contemporary Health Issues (3) (L/S) PH 114: Health Behavior (3) PH 114: Health Behavior (3) PH 131: Principles of Health Education (3) PH 133: Health Education Methods (3) (Pre-Requisite: PH 114 and PH 131) Community Health Additional Requirements BIOL 10: Life Science (3) (GE 5B) OR BIOL 110: Human Ecology (3) BIOL 133: Introductory Human Anatomy and Physiology (5) OR BIOL 67A/67B: Anatomy and Physiology I and II (8) (Pre-Requisite: BIOL 20 or CHEM 3A and BIOL 1A) CHEM 3A: Introductory General Chemistry (4) (GE 5A) CHEM 3B: Introductory Organic and Biochemistry (3) (Pre-requisite: CHEM 1A/1AL or 3A) OR BIOL 20: Introductory Microbiology (4) (Pre-requisite: CHEM 1A/1AL or 3A) Community Health Option Elective Requirements (Select 15 Units from the Following) 15 Ur PH 48: First Responder and Emergency Care (3) PH 49: Emergency Medical Technician Training (3) PH 49: Global and Cultural Issues in Health (3) (MI – Catalog Year 2018 and After)	
PH 100: Community Health (3) PH 100: Epidemiology of Disease (3) (<i>Pre-Requisite</i> : PH 92, MATH 11, PSYCH 42, or DS 73) PH 161: Environment and Human Health (3) (GE Area UD2/5 - Catalog Year 2018 and After) PH 162: Public Health Administration (3) Community Health Option Requirements 21 Ui PH 90: Contemporary Health Issues (3) (L/S) PH 114: Health Behavior (3) PH 131: Principles of Health Education (3) PH 132: Health Education (3) PH 133: Health Additional Requirements ISOL 10: Life Science (3) (GE 5B) OR BIOL 10: Human Ecology (3) BIOL 10: Human Anatomy and Physiology (5) OR BIOL 57./67B: Anatomy and Physiology 1 and II (8) (Pre-Requisite: BIOL 20 or CHEM 3A and BIOL 1A) CHEM 3A: Introductory General Chemistry (4) (RE 5A) ChEME 3B: Introductory Organic and Biochemistry (3) (CPre-requisite: CHEM 3A) OR BIOL 20: Introductory Microbiology (4) (Pre-requisite: CHEM 3A) OR BIOL 20: Introductory Microbiology (4) (Pre-requisite: CHEM 3A) OR BIOL 20: Introductory Microbiology (4) (Pre-requisite: CHEM 3A) OR BIOL 20: Introductory Microbiology (4) (Pre-requisite:	
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OR BIOL 67A/67B: Anatomy and Physiology I and II (8) (Pre-Requisite: BIOL 20 or CHEM 3A and BIOL 1A) CHEM 3A: Introductory General Chemistry (4) (GE 5A)	
1A) <u>CHEM 3A:</u> Introductory General Chemistry (4) (GE 5A)	
CHEM 3B: Introductory Organic and Biochemistry (3) (Pre-requisite: CHEM 3A)	
Community Health Option Elective Requirements (Select 15 Units from the Following) 15 Units from the Following) PH 48: First Responder and Emergency Care (3)	
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PH 104: Global and Cultural Issues in Health (3) (MI – Catalog Year 2018 and After)	
PH 110: Drugs, Society, and Health (3)	
PH 111: Alcohol and Alcoholism (3)	
PH 112: Consumer Health (3)	
PH 115: Health Issues of Aging (3)	
PH 127: Female Sexuality (3) (Formerly PH 126) (SPRING ONLY)	
PH 128S: Holistic Health and Alternative Medicine (3) (MI – Catalog Year 2018 and After)	
PH 129: Rural Health (3) (SPRING ONLY)	
PH 130: Women's Health (3) (FALL ONLY)	
PH 135: Introduction to Human Disease (3)	
$\underline{PH 152T:} Topics in Health (1-3)$	
PH 156: Health & Well-being in the San Joaquin Valley (3)	
PH 1881: Health Education Internship (1-3)	
NUTR 53: Nutrition and Health: Realities and Controversies	

Total Units Required in Major	57 units
Total Units Required in General Education	49 units
Electives needed	14-30 units



College of Health and Human Services

Advising and Career Development Center

HEALTH SCIENCE Public Health, B.S. (120 Units) Valid for Catalog Years: 2024/2025 to Current For assistance or to schedule an advising appointment, please contact the **CHHS Advising and Career Development Center**: 559-278-5027, McLane Hall 194

Student Name: _____

Student ID: _____

Catalog Year: _____

	Year 1 (Freshman)		Year 2 (Sophomore)		Year 3 (Junior)		Year 4 (Senior)		Elective Options:
	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring	
	<u>Area L/S</u> PH 90 (3 Units)	PH 100 (3 Units)	<u>GE Area 2</u> PH 92 (3 Units)	PH 109 (3 Units)	BIOL 33 (3 Units)	PH 114 (3 Units)	PH 131 (3 Units)	PH 133 (3 Units)	
Major	Lower Division GE	PH Elective	<u>GE Area 5A</u> CHEM 3A (4 Units)	CHEM 3B (3 Units)	<u>GE Area UD5</u> PH 161 (3 Units)	PH 163 (3 Units)	PH Elective	Multicultural International (MI)	
	Lower Division GE	GE Area 5B BIOL 10 (3 Units)	Lower Division GE	General Elective	PH Elective	PH Elective	PH Elective	General Elective	 Certificate in Alcohol and Drug Studi Required Courses (9 Units) PH 110: Drugs, Society, and Health PH 111: Alcohol and Alcoholism SWRK 129: Treatment of Chemical Dependency Elective(s) (Select 3 Units) CRIM 141: Alcohol, Drugs, and Criminality (3) WS 115: Women, Children, and
	Lower Division GE	Lower Division GE	Lower Division GE	General Elective	Lower Division GE	Upper Division GE	Upper Division GE	General Elective	
	Lower Division GE	General Elective	Lower Division GE	American Government	UDWS (W Course or Exam)	General Elective	General Elective	General Elective	 Alcohol (1) WS 150T: Women and Alcohol (1) CRIM 190, PH 190, SWRK 190, or WS 190: Independent Study on selected aspects of alcohol/drug
Milestones		PH 92 Completed			Additional Requirements Completed		Completion of Core Courses		abuse (1)

Advising Notes

1. A minimum grade of C is required in all Health Science core courses and all core option courses.

2. CR/NC grading is not permitted in courses for the Health Science major, except in those courses which are designated CR/NC grading only.

3. Courses taken within the Public Health major may be used toward general education requirements, a minor (see departmental minors) or a supplemental credential. Consult the appropriate for further information.

4. A minimum GPA of 2.75 is required for students looking for acceptance into the Community Health option.

2025-2026 GENERAL EDUCATION (G.E.) REQUIREMENTS

NOTES: A minimum of 43 G.E. units are required. All classes are three or more semester units. Engineering and Liberal Studies majors complete a different G.E. Pattern—consult department advisor. GE courses may change annually. It is recommended to run your Degree Progress Report (DPR) before and after you register to ensure courses you are registered for satisfy the intended GE Area(s).

	7
Four courses: One in 1A, one in 2A, one in 3A, & one in Area 2 for a minimum of 12 units.	Course/
FOUNDATION courses must be satisfied with a minimum of "C" grade.	Units/Grade
Area 1&2 - English Communication & Mathematical Concepts/Quantitative Reasoning	14
[1A] English Composition: (Pre-Requisite for English 5B is Passing 5A) English 5B, 5BML, 10, 10ML	1A
[1B] Critical Thinking: Africana Studies 20; Agricultural Science 10, Anthropology 30; Asian American Studies 88; Chicano & Latin American Studies 30; Child and Family Sciences 3, College of Science and Math 10; Communication 5; Computer Science 1, Geography 25; Interdisciplinary 50; Natural Science 4; Philosophy25, 45;	1B
Sociology 3, 3S; Women's, Gender, & Sexuality Studies 12	1C
 [1C] Oral Communication: Communication 3, 7, 8 [2] Mathematical Concepts & Quantitative Reasoning: (Co-Requisite or Pre-Requisite Math Courses May Be Required; Check with an Advisor) Criminology 50; Decision Science 71, 72; Mathematics 6, 10A, 10AL, 11, 11L, 45, 45L, 70, 75A; Psychology 42; Public Health 92 	2
◆ BREADTH	_
Area 3 - Arts and Humanities	
Two Courses: One in 3A, one in 3B	3A
[3A] Arts: Armenian Studies 20; Art 1, 20, 40, 50; Art History 10, 11, 12; Chicano & Latin American Studies 9; Drama 22, 62; English 41, 43, 44; Italian 15; Media, Communications & Journalism 9; Music 9 (not for music majors), 9A, 74, 75	3B
[3B] Humanities: Arabic 1A, 1B; Armenian 1A, 1B, 2A; Chinese 1A, 1B; Communicative Sciences & Deaf Studies 90, 92; English 20, 30; French 1B, 2A, 2B; German 1B, 2A, 2B; Greek 1A, 1B; Hebrew 1A; Hmong 1A, 1B; Humanities 10, 11, 15, 20; Italian 1A, 1B, 2A, 2B; Japanese 1A, 1B; Latin 1A, 1B; Linguistics 10, Persian 1A, 1B; Philosophy 1, 2, 10, 20; Portuguese 1A, 1B; Spanish 1B, 2A, 2B, 3, 4A, 4B	
Area 4 – Social and Behavioral Sciences]
One course in each sub-area [4A] American History: History 11, 12	14
[47] American Fiscory 1, 12 [4B] Social Science: Africana Studies 36; Agricultural Business 1; American Indian Studies 50; Anthropology 2, 3; Armenian Studies 10; Asian	47
American Studies 7, 166; Child & Family Science 31; City & Regional Planning 80; Communicative Sciences & Deaf Studies 98; Criminology 10; Economics 25, 40, 50; Geography 2, 4; History 20, 21; Industrial Technology 20; Italian 20; Jewish Studies 10; Media, Communications & Journalism 1; Middle East Studies 10; Political Science 1; Psychology 10; Sociology 1 or 15; Women's, Gender, & Sexuality Studies 10, 11, 166	4B
Area E - Physical and Piological Sciences	i i
Area 5 - Physical and Biological Sciences Two Courses for minimum <u>7 Units</u> : One in 5A and one in 5B; Lab may be embedded within 5A/5B course	5A
[5A] Physical Sciences: (Pre-Requisite: Completion of Area 2) Chemistry 1A, 3A , 10; Earth & Environmental Sciences 1, IV, 4, 5; Geography 5*, 7*;	5B
Physical Science 21; Physics 2A, 4A & 4AL, 10	5C
[5B] Biological Sciences: Biology 1A, 10, 11, 12, Earth & Environmental Sciences 6 [5C] Physical or Biological Laboratory B1 or B2 must have a lab (*Courses do not have a lab component)	
Area 6 - Ethnic Studies One course Africana Studies 10, 15, 27, 40, 68; American Indian Studies 5, 10, 103; Anthropology 120, 175; Asian American Studies 10, 15, 20, 50, 108, 120, 143, 175, 185;	6
Chicano & Latin American Studies 3, 5, 120, 128, 163; English 143; Media, Communications, & Journalism 6; Philosophy 108	
UPPER DIVISION "INTEGRATION" G.E. CONSISTS OF 9 UNITS UD2/UD5, UD 3, & UD 4 courses can be taken no sooner than the term in which 60 units of coursework are completed.	
◆ INTEGRATION Three Upper Division – One in Each Area	
12/15 - Mathematical Concepts & Quantitative Reasoning/ Physical & Biological Sciences	
(Pre-Requisite: Completion of FOUNDATION and Area 5) Anthropology 161, 165; Chemistry 170; Civil Engineering 121; Computer Science 100, 100N; Earth & Environmental Science 102S, 112, 167, 168; Geography 115, 128, 129; Liberal Studies 121; Mathematics 123; Natural Science 115, 120, 121, 125; Physical Science 131, 168; Physics 100; Plant Science 105; Public Health 161; Sociology 158	12/
I3 - Arts & Humanities: (Pre-Requisite: Completion of FOUNDATION and Area 3)	15
Africana Studies 129; Architectural Studies 145; Armenian 148; Art 102; Art History 140; Arts & Humanities 105; Asian American Studies 148; Chicano & Latin American Studies 130; Dance 171; Drama 163; English 101, 102, 103, 112, 113, 114, 174; French 109, 124, 125, 149; Humanities 104, 108, 110, 118, 120, 129; Interdisciplinary Art Studies 108; Italian 110, 130; Jewish Studies 108; Linguistics 115, 130, 138; Media, Communications, & Journalism 183; Music 170A, 171, 187;	I3
Philosophy 120, 150, 151; Portuguese 101, 102, 103; Spanish 125, 129; Women's, Gender, & Sexuality Studies 110, 111	
14 – Social and Behavioral Sciences: (Pre-Requisite: Completion of FOUNDATION, Area 4, and PLSI 2)	14
Africana Studies 144; Agricultural Business 155; Anthropology 116W, 145; Art History 143; Asian American Studies 111, 121, 122, 155; Chicano & Latin American Studies 114, 115; City & Regional Planning 125; Civil Engineering 161; Construction Management 124; Criminology 101, 120, 120S; Curriculum & Instruction 152; Earth and Environmental Sciences 1155; Economics 146, 167, 176, 183; Electrical & Computer Engineering 118; Forensic Behavioral Science 153; Geography 133, 173;	

Environmental Sciences 1155; Economics 146, 167, 176, 183; Electrical & Computer Engineering 118; Forensic Behavioral Science 153; Geography 133, 173; Gerontology 100; History 101, 154; Jewish Studies 122; 154; Kinesiology 111; Media, Communications & Journalism 101, 175, 178, 180; Peace & Conflict Studies 100, Social Science 110; Sociology 131, 143, 163; Women's, Gender, & Sexuality Studies 101, 124, 149, 155

Advising Notes:

- 1. Foundation courses must be completed with a grade of C or better to satisfy the General Education requirement.
- 2. A maximum of two General Education courses from one department or program may be applied to satisfy Breadth requirements.
- 3. Subject Area 4 shall be completed in at least two different disciplines among the nine units required in Area 4, and Area UD 4.

Graduation Requirements

BACHELOR'S DEGREE REQUIREMENTS

A student must complete the following requirements in order to earn a Bachelor of Arts, Bachelor of Science, Bachelor of Fine Arts, or a Bachelor of Music degree:

- A minimum of 120 semester units, comprised of:
 - □ 43 General Education Units
 - □ Academic Major Requirements
 - Specific course/skill requirements: (a) English Composition; (b) United States History; (c) United States and California Constitution (PLSI 2 or equivalent); (d) Upper division writing skills
 - Additional University Graduation Requirements: (a) Arts/Humanities; (b) Lifelong-Understanding and Self-Development; Multicultural/International; requirements may vary by major
- A minimum of 30 residence units, of which 24 must be upper division, 12 in the major, and 9 in General Education
- A minimum of a C average [2.0] for units in the major, all California State University, Fresno units, and total units

Specific Course/Skill Requirements:

Required by all degrees; may be completed in general education or by exam credit:

- **English Composition** (Area 1A ENGL 5A/5B, 10, or equivalent)
- United States History (Area 4A HIST 11 or 12, or equivalent)
- US and California Government:

Courses: Political Science 2, 101, or equivalent course

Upper Division Writing Skills (UDWS): _____

Courses: Africana Studies 104W; Agricultural Business 170WS; American Indian Studies 105WS; Anthropology 105W, 116W, 126W; Asian American Studies 151W, 161W; Aerospace Studies 105AW*, 105BW; Biology 118W; Business Administration 105W; Chemistry 161W*; Chicano & Latin American Studies 102W; Economics 102W; Earth & Environmental Sciences 104W, 135W; English 106W, 115W, 117W*, 160W, 170W; Engineering 105W*; Health & Human Services 116W; History 100W*; Industrial Technology 198W; Jewish Studies 100W; Literacy & Early Education 180W; Linguistics 110W*, 111W; Media, Communications & Journalism 102W*, 114W*, 155SW, 158WS ; Philosophy 125W, 133W; Plant Science 110W; Political Science 100W; Sociology 130W, 130WS; Women's, Gender, & Sexuality Studies 118W

Note: Majors may require a specific "W" course; see catalog requirements for your major *Enrollment may be restricted or have additional pre-requisites. Check the course description in the catalog or class search

Additional University Graduation Requirements (AUGR):

<u>Please Note:</u> Major programs may be exempt from part or all Additional University Graduation Requirements; if a major is exempt from only part of these requirements students may select which area(s) to fulfill this requirement in either Arts/Humanities, Lifelong Understanding and Self-Development, or Multicultural/International; **please consult the Fresno State catalog or your major advisor for your specific program requirements**.

□ Arts/Humanities (A/H): ____

Courses: See catalog for course requirements.

□ Lifelong-Understanding and Self-Development (L/S): _

Courses: Agricultural Science 15; Animal Science 67; Art 13; Asian American Studies 8; Child & Family Sciences 38, 39; College of Science and Math 15; Dance 16, 70; Drama 32; Finance 30; Gerontology 10S, 18, 111; Kinesiology 32 & Concurrent Enrollment in any KAC; Linguistics 30; Nutrition 53; Peace and Conflict Studies 110; Psychology 61; Public Health 90, 91, 110; Recreation Administration 80; University 1; Women's, Gender, & Sexuality Studies 18

□ Multicultural/International (M/I): _

Courses: Africana Studies 143, 150, 164; Anthropology 105W, 120, 123, 125; Art History 141, 142; Asian American Studies 110, 1105, 138, 140; Business Administration 104; Capstone 177, 1885; Chicano & Latin American Studies 160, 170; Communication 164; Child & Family Science 134; Communicative Disorders & Deaf Studies 139; Economics 181; Geography 167, 174; Gerontology 161; History 186; Humanities 105, 140; Italian 100; Jewish Studies 143; Linguistics 147; Media, Communications & Journalism 176, 179; Marketing 100S; Music 171A; Nursing 141, 141LS; Public Health 104, 128S; Philosophy 131, 132; Political Science 120; Recreation Administration 130; Social Sciences 180; Sociology 111, 142; Social Work 136; Women's, Gender, & Sexuality Studies 120, 122, 135, 138

Degree Application

To receive the degree, a student files an online application for graduation via the Student Center by one of the published deadlines. After paying the fee online, your application is submitted to Undergraduate Degree Evaluations. Honors are awarded as follows, based in the **campus** GPA earned: **Summa Cum Laude (highest honors) 3.90 to 4.00; Magna Cum Laude (high honors) 3.70 to 3.89; Cum Laude (honors) 3.50 to 3.69**

Please Note: The revised "Cal-GETC" GE program only applies to students with catalog years beginning 2025/2026 and after; students with catalog years prior to 2025/2026 will still follow the appropriate GE pattern for their major; please consult an advisor for more information on finding your catalog year.

N/A 🗖

N/A 🗖

N/A 🗖