

RECREATION ADMINISTRATION
Recreation Therapy Option, B.S. (120 Units)
Valid for Catalog Years: 2021/2022 to Current

Recreation Administration Lower Division Core Program Requirements	14 Units □
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<u>RA 55</u> : Foundations and Careers in Recreation, Parks, and Tourism (3)	_____
<u>RA 60</u> : Technologies in Recreation, Parks, and Tourism (1)	_____
<u>RA 73S</u> : Leadership in Recreation, Parks, and Tourism (3)	_____
<u>RA 77S</u> : Recreation, Parks, and Tourism Programming (3)	_____
<u>RA 80</u> : Lifelong Learning in the Natural Environment (3) (GE Area E)	_____

Recreation Administration Upper Division Core Program Requirements	13 Units □
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<u>RA 101</u> : Leisure and Human Behavior (3) (FALL ONLY)	_____
<u>RA 125</u> : Diversity and Inclusive Practices in Recreation Therapy and Recreation (3)	_____
<u>RA 128</u> : Legal and Financial Aspects of Recreation, Parks, and Tourism (4) (FALL ONLY)	_____
<u>RA 179</u> : Supervision and Administration in Recreation, Parks, and Tourism (3) (SPRING ONLY)	_____
<u>RA 180</u> : Professional Placement in Recreation, Parks, and Tourism (1)	_____

Recreation Therapy Emphasis Requirements	38 Units □
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<u>RA 142</u> : Foundations of Recreation Therapy (3) (<i>Pre-Requisite</i> : RA 55 and RA 125)	_____
<u>RA 144A</u> : Assessment and Documentation in Recreation Therapy (3) (<i>Pre-Requisite</i> : RA 142)	_____
<u>RA 144B</u> : Facilitation Techniques in Recreation Therapy (3) (<i>Pre-Requisite</i> : RA 142; RA 144A; 144A may be taken concurrently)	_____
<u>RA 148</u> : Process and Principles in Recreation Therapy (3) (<i>Pre-Requisites</i> : RA 144 and RA 144B; may be taken concurrently)	_____
<u>RA 149</u> : Trends and Issues in Recreation Therapy (3) (<i>Pre-Requisite</i> : RA 148; may be taken concurrently)	_____
<u>RA 184I</u> : Internship in Recreation, Parks, Tourism and Recreation Therapy (12) (<i>Pre-Requisite</i> : Completion of all major, GE, and university requirements)	_____
<u>BIOL 33</u> : Introductory Human Anatomy and Physiology (5)	_____
<u>PSYCH 66</u> : Abnormal Psychology (Formerly PSYCH 166) (3)	_____
<u>CFS 38</u> : Life Span Development (3) (GE Area E)	_____

Recreation Therapy Emphasis Elective Requirements	3 Units □
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Select a minimum 3 units from the following:

<u>RA 106</u> : Challenge Course Facilitation (3) (SPRING ONLY)	_____
<u>RA 113</u> : Serving At-Risk Youths (3) (SPRING ONLY)	_____
<u>RA 146</u> : Adventure Based Programming (3) (<i>Pre-Requisite</i> : RA 55 and RA 80) (FALL ONLY)	_____
<u>PSYCH 101</u> : Child Psychology (3)	_____
<u>PSYCH 102</u> : Adolescent Psychology (3)	_____
<u>COUN 174</u> : Introduction to Counseling (3)	_____
<u>CFS 131</u> : Family Theories (3) (<i>Pre-Requisites</i> : Department Consent Required)	_____
<u>CFS 136</u> : Adolescence (3) (<i>Pre-Requisites</i> : CFS 39 or PSYCH 101; Department Consent Required) (FALL ONLY)	_____
<u>CRIM 100</u> : Criminology (3)	_____
<u>CRIM 120</u> : Juvenile Delinquency (3) (GE Area ID)	_____
<u>SOC 143</u> : Deviance and Control (3) (GE Area ID)	_____
<u>SOC 147</u> : Medical Sociology (3)	_____
<u>SOC 168</u> : Interpersonal Relationships (3) (FALL ONLY)	_____
<u>GERON 103</u> : Psychology of Aging (3)	_____
<u>GERON 132</u> : Alzheimer's Disease (1)	_____
<u>GERON 161</u> : Multicultural/Aging (3) (FALL ONLY)	_____
<u>PHTH 105</u> : Medical Terminology for Health Professionals (3)	_____

Total Units Required in Major	68 units
Total Units Required in General Education	49 units
Electives needed	3-9 units

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For assistance or to schedule an
advising appointment, please
contact the **CHHS Advising and
Career Development Center:**
559-278-5027, McLane Hall 194

Student Name: _____

Student ID: _____

Catalog Year: _____

	Year 1 (Freshman)		Year 2 (Sophomore)		Year 3 (Junior)		Year 4 (Senior)	
	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
Major	Lower Division GE	Lower Division GE	GE Area E RA 80 (3 Units)	RA 60 (1 Unit)	BIOL 33 (5 Units)	RA 144A (3 Units)	RA 101 (3 Units)	RA 184I (12 Units)
	Lower Division GE	Lower Division GE	RA 55 (3 Units)	RA 125 (3 Units)	RA 142 (3 Units)	RA 144B (3 Units)	RA 128 (4 Units)	
	Lower Division GE	Lower Division GE	RA 73S (3 Units)	CFS 38 (3 Units)	PSYCH 66 (3 Units)	RA 148 (3 Units)	RA 149 (3 Units)	
	Lower Division GE	Lower Division GE	RA 77S (3 Units)	Lower Division GE	Rec Admin Elective	RA 179 (3 Units)	RA 180 (1 Unit)	
	Lower Division GE	Lower Division GE	Lower Division GE	Upper Division GE	Upper Division GE	Upper Division GE	Multicultural International (MI)	
Milestones	ACDC Advising		RA 55 Advising	American Government		200 Hrs Pre-RA 180 Advising		

Elective Options:

Physical Therapy Pre-Requisites

- ☐ Human Anatomy w/ Lab (BIOL 67A or BIOL 64)
- ☐ Human Physiology w/ Lab (BIOL 67B or BIOL 65)
- ☐ Part One of General Chemistry series w/ Lab (CHEM 1A/1AL **OR** CHEM 3A)
- ☐ Continuation of General Chemistry series w/ Lab (CHEM 1B/1BL **OR** CHEM 3B/3BL)
- ☐ Semester One of General Physics w/ Lab (PHYS 2A)
- ☐ Semester Two of General Physics w/ Lab (PHYS 2B)
- ☐ General Psychology, Developmental Psychology, or Lifespan Psychology (PSYCH 10, 123, or 155)
- ☐ Abnormal Psychology or Psychological Aspects of Disability (PSYCH 66 or 169)
- ☐ Basic Statistics (MATH 11, PH 92, or PSYCH 42)

Certificate in Correctional Recreation

Required Courses (6 Units)

- ☐ RA 107
- ☐ RA 109

Elective Units (Select 6 Units)

- ☐ RA 113, 115; ART 109T (Prison Art), 170, 179; CRIM 112, 133, 134, 138, 174; SOC 143, 189S; SWRK 128, 129, 136

Advising Notes

- Formerly Therapeutic Recreation Option (Name change effective 2019-2020 Academic Year)
- All Recreation Administration courses used in the major must be completed with a grade of C or higher
- CR/NC grading is not permitted in courses in the Recreation Administration major, except in those courses which are designated CR/NC grading only.
- Courses taken within the Recreation Administration major may be used toward general education requirements, a minor, or a supplemental credential. Consult the appropriate department advisor for further information.

2021-2022 GENERAL EDUCATION (G.E.) REQUIREMENTS

NOTES: A minimum of 49 G.E. units are required. All classes are three or more semester units. Engineering and Liberal Studies majors complete a different G.E. Pattern—consult department advisor.

♦ FOUNDATION

Area A - English Language Communication and Critical Thinking

FOUNDATION courses must be satisfied with a minimum of "C" grade.

Four courses: One in A1, one in A2, one in A3, & one in B4 for a minimum of 12 units.

A1 Oral Communications: Communication 3, 7, 8

A2 Written Communication: (Prerequisite for English 5B is passing 5A) English 5B, 10

A3 Critical Thinking: African Studies 20; Anthropology 30; Chicano & Latin American Studies 30; College of Science & Math 10; Communication 5; Computer Science 1; Geography 25; Interdisciplinary 50; Natural Science 4; Philosophy 25, 45; Sociology 3, 3S; Women's Studies 12

B4 Quantitative Reasoning: (Co-requisite or prerequisite Math courses may be required. Check with advisors)
Criminology 50; Decision Sciences 71, 72; Mathematics 6, 11, 11L, 45, 45L, 70, 75, 75A

Course/
Units/Grade

A1 _____

A2 _____

A3 _____

B4 _____

♦ BREADTH

Area B - Scientific Inquiry and Quantitative Reasoning

Two courses: One in B1 and one in B2—see above for B4

B1 Physical Sciences: (Prerequisite: Completion of B4) Chemistry 1A & 1AL, 3A, 10; Earth & Environmental Sciences 1, 1V, 4; Physical Science 21; Physics 2A, 4A & 4AL, 10

B2 Life Sciences: Biology 1A, 10, 11, 12

B3 Laboratory Component: B1 or B2 must have a lab (all B1 & B2 courses taken at Fresno State have a mandatory lab component.)

B1 _____

B2 _____

B3 _____

Area C - Arts and Humanities

Three courses: One in C1, one in C2, and a third from C1 or C2

C1 Arts: Armenian Studies 20; Art 1, 20, 40, 50; Art History 10, 11, 12; Chicano & Latin American Studies 9; Drama 22, 62; English 41, 43, 44; Media, Communications & Journalism 9; Music 9 (not for music majors), 9A, 74, 75

C2 Humanities: Arabic 1A, 1B; Armenian 1A, 1B, 2A; Chinese 1A, 1B; Communicative Sciences & Deaf Studies 90, 92; English 20, 30; French 1B, 2A, 2B; German 1B, 2A, 2B; Greek 1A, 1B; Hebrew 1A; Hmong 1A, 1B; Humanities 10, 11, 15, 20; Italian 1A, 1B, 2A, 2B; Japanese 1A, 1B; Latin 1A, 1B; Linguistics 10; Persian 1A, 1B; Philosophy 1, 2, 10, 20; Portuguese 1A, 1B; Spanish 1B, 2A, 2B, 3, 4A, 4B

C1 _____

C2 _____

C1 or

C2 _____

Area D - Social, Political & Economic Institutions & Behavior, Historical Background

One course in each sub-area (Prerequisite: GE Foundation A1 for students in English college readiness Category III and IV)

D1 American History: History 11, 12

D2 Social Science: Africana Studies 10, 15, 27; Agricultural Business 1; American Indian Studies 50; Anthropology 2, 3; Armenian Studies 10; Child & Family Science 31; Communicative Sciences & Deaf Studies 98; Criminology 10; Economics 25, 40, 50; Geography 2, 4, 81; History 20, 21; Industrial Technology 20; Jewish studies 10; Media, Communications & Journalism 1; Middle East Studies 10; Political Science 1; Psychology 10; Sociology 1 or 1S; Women's Studies 10, 11

D1 _____

D2 _____

Area E - Lifelong Understanding & Self-Development One Course

Animal Science 67; Art 13; Child & Family Science 38, 39; College of Science & Math 15; Dance 16, 70; Drama 32; Finance 30; Gerontology 10S, 18, 111; Kinesiology 32 & concurrent enrollment in any KAC course; Linguistics 30, Nutrition 53; Peace and Conflict Studies 110; Psychology 61; Public Health 90, 91, 110; Recreation Administration 80, University 1; Women's Studies 18

E _____

Area F - Ethnic Studies One Course

Africana Studies 68; American Indian Studies 5, 103; Anthropology 120, 175; Asian American Studies 10, 15, 20, 50, 120, 175, 185; Chicano & Latin American Studies 3, 5, 120, 128, 163; Media, Communications & Journalism 6

F _____

UPPER DIVISION G.E. CONSISTS OF 9 UNITS

IB, IC, & ID courses can be taken no sooner than the term in which 60 units of coursework are completed.

♦ INTEGRATION Three upper division—one in each area

IB Physical Universe & Its Life Forms: (Prerequisite: Completion of FOUNDATION and Area B)

Anthropology 161; Chemistry 170; Computer Science 100; Earth & Environmental Sciences 102, 112, 167, 168; Geography 115, 128, 129; Natural Science 115, 120, 125; Physical Science 131, 168; Physics 100; Plant Science 105; Public Health 161; Sociology 158

IB _____

IC Arts & Humanities: (Prerequisite: Completion of FOUNDATION and Area C)

Africana Studies 129; Armenia 148; Art 102; Art History 140; Arts & Humanity 105; Chicano & Latin American Studies 130; Dance 171; Drama 163; Earth & Environmental Sciences 102; English 101, 102, 103, 112, 113, 114, 174; French 109, 124, 125, 149; Humanities 104, 108, 110, 118, 120, 129; Interdisciplinary Art Studies 108; Linguistics 115, 130, 138; Music 170A, 171, 187; Philosophy 120, 150, 151; Portuguese 101, 102, 103; Spanish 125, 129; Women's Studies 110

IC _____

ID Social, Political & Economic Institutions & Behavior, Historical Background: (Prerequisite: Completion of FOUNDATION and Area D)

Africana Studies 144; Agricultural Business 155; Anthropology 116W, 145; Art History 143; Chicano & Latin American Studies 114, 115; Construction Management 124; Criminology 101, 120, 120S; Economics 146, 167, 176, 183; Forensic Behavioral Sciences 153; Geography 133, 173, 184; Gerontology 100; History 101, 154; Jewish Studies 154; Kinesiology 111; Media, Communications & Journalism 175, 178, 180; Peace & Conflict Studies 100; Social Science 110; Sociology 131, 143, 163; Women's Studies 101, 111, 124, 149

ID _____

Total Units _____

Graduation Requirements

PLANNING YOUR DEGREE

- ☐ Meet with an Academic Counselor to complete a My Degree Plan (roadmap)
- ☐ Units per semester to graduate:
4 years: 15 units x 8 semesters = 120 units
5 years: 12 units x 10 semesters = 120 units
- ☐ Complete your US and California Government requirement during your sophomore year
- ☐ Complete your upper-division writing skills during your junior year (60 - 90 units)
- ☐ Complete your Application for Degree and pay the fee during the first four weeks of your final semester

- ♦ 120 unit minimum—comprised of:
 - 49 General Education (or modified version per Major)
 - Major
 - Electives if needed to reach 120 units (minor/certificate/other)
- ♦ 2.00 GPA in:
 - Major
 - Campus units
 - Cumulative units
- ♦ Specific course requirements:
 - English Composition (GE Area A2—English 5A & 5B, 10 or equivalent) -
 - US History (GE Area D1—History 11, 12 or equivalent) -
 - US and California Government -

Courses: Political Science 2

- Multicultural/International course (M/I) -

Courses: Africana Studies 150, 164; Anthropology 105W, 120, 123, 125; Asian American 110; Business Administration 104; Chicano & Latin American Studies 160, 170; Communication 164; Communicative Sciences & Deaf Studies 139; Economics 181; Geography 167; Gerontology 161; History 186; Humanities 105, 140; Interdisciplinary Capstone 177, 188S; Italian 100; Linguistics 147; Media, Communications & Journalism 176, 179; Marketing 100S; Nursing 141, 141LS; Public Health 104, 128S; Philosophy 131, 132; Political Science 120; Recreation Administration 130; Sociology 111, 142; Social Science 180; Social Work 136; Women's Studies 120, 135

- ♦ Writing Skills Requirement:

Completed Course: _____

- Upper-division writing skills -

Courses: Africana Studies 104W; Agricultural Business 170SW; Anthropology 105W, 116W, 126W; Asian American Studies 151W, 161W; Aerospace Studies 105AW*, 105BW; Business Administration 105W, Earth & Environmental Sciences 104W, 135W; English 106W, 115W, 117W*, 160W, 170W; Engineering 105W*; Health & Human Services 116W; History 100W*; Industrial Technology 198W; Jewish Studies 100W; Literacy & Early Education 180W; Linguistics 110W*, 111W; Media, Communications & Journalism 102W*, 114W*; Philosophy 125W, 133W; Plant Science 110W; Sociology 130W/WS

Note: a few majors require a specific "W" course; see catalog requirements for your major
*Enrollment may be restricted or have additional prerequisites.

Completed Course: _____

- ♦ Fresno State Residency unit minimums:

- 30 units
- 24 upper-division units
- 12 units in major
- 9 General Education units

Note: To see a list of general education/writing skills/multicultural-international course descriptions, click the respective area heading