

RECREATION ADMINISTRATION
Recreation Therapy Option, B.S. (120 Units)
Valid for Catalog Years: 2021/2022 to Current

Recreation Administration Lower Division Core Program Requirements	14 Units □
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| <u>RA 55</u> : Foundations and Careers in Recreation, Parks, and Tourism (3) | _____ |
| <u>RA 60</u> : Technologies in Recreation, Parks, and Tourism (1) | _____ |
| <u>RA 73S</u> : Leadership in Recreation, Parks, and Tourism (3) | _____ |
| <u>RA 77S</u> : Recreation, Parks, and Tourism Programming (3) | _____ |
| <u>RA 80</u> : Lifelong Learning in the Natural Environment (3) (GE Area E) | _____ |

Recreation Administration Upper Division Core Program Requirements	13 Units □
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| <u>RA 101</u> : Leisure and Human Behavior (3) (FALL ONLY) | _____ |
| <u>RA 125</u> : Diversity and Inclusive Practices in Recreation Therapy and Recreation (3) | _____ |
| <u>RA 128</u> : Legal and Financial Aspects of Recreation, Parks, and Tourism (4) (FALL ONLY) | _____ |
| <u>RA 179</u> : Supervision and Administration in Recreation, Parks, and Tourism (3) (SPRING ONLY) | _____ |
| <u>RA 180</u> : Professional Placement in Recreation, Parks, and Tourism (1) | _____ |

Recreation Therapy Emphasis Requirements	38 Units □
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| <u>RA 142</u> : Foundations of Recreation Therapy (3) <i>(Pre-Requisite: RA 55 and RA 125)</i> | _____ |
| <u>RA 144A</u> : Assessment and Documentation in Recreation Therapy (3) <i>(Pre-Requisite: RA 142)</i> | _____ |
| <u>RA 144B</u> : Facilitation Techniques in Recreation Therapy (3) <i>(Pre-Requisite: RA 142; RA 144A; 144A may be taken concurrently)</i> | _____ |
| <u>RA 148</u> : Process and Principles in Recreation Therapy (3) <i>(Pre-Requisites: RA 144 and RA 144B; may be taken concurrently)</i> | _____ |
| <u>RA 149</u> : Trends and Issues in Recreation Therapy (3) <i>(Pre-Requisite: RA 148; may be taken concurrently)</i> | _____ |
| <u>RA 184I</u> : Internship in Recreation, Parks, Tourism and Recreation Therapy (12)
<i>(Pre-Requisite: Completion of all major, GE, and university requirements)</i> | _____ |
| <u>BIOL 33</u> : Introductory Human Anatomy and Physiology (5) | _____ |
| <u>PSYCH 66</u> : Abnormal Psychology (Formerly PSYCH 166) (3) | _____ |
| <u>CFS 38</u> : Life Span Development (3) (GE Area E) | _____ |

Recreation Therapy Emphasis Elective Requirements	3 Units □
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Select a minimum 3 units from the following:

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| <u>RA 106</u> : Challenge Course Facilitation (3) (SPRING ONLY) | _____ |
| <u>RA 113</u> : Serving At-Risk Youths (3) (SPRING ONLY) | _____ |
| <u>RA 146</u> : Adventure Based Programming (3) <i>(Pre-Requisite: RA 55 and RA 80)</i> (FALL ONLY) | _____ |
| <u>PSYCH 101</u> : Child Psychology (3) | _____ |
| <u>PSYCH 102</u> : Adolescent Psychology (3) | _____ |
| <u>COUN 174</u> : Introduction to Counseling (3) | _____ |
| <u>CFS 131</u> : Family Theories (3) <i>(Pre-Requisites: Department Consent Required)</i> | _____ |
| <u>CFS 136</u> : Adolescence (3) <i>(Pre-Requisites: CFS 39 or PSYCH 101; Department Consent Required)</i> (FALL ONLY) | _____ |
| <u>CRIM 100</u> : Criminology (3) | _____ |
| <u>CRIM 120</u> : Juvenile Delinquency (3) (GE Area ID) | _____ |
| <u>SOC 143</u> : Deviance and Control (3) (GE Area ID) | _____ |
| <u>SOC 147</u> : Medical Sociology (3) | _____ |
| <u>SOC 168</u> : Interpersonal Relationships (3) (FALL ONLY) | _____ |
| <u>GERON 103</u> : Psychology of Aging (3) | _____ |
| <u>GERON 132</u> : Alzheimer's Disease (1) | _____ |
| <u>GERON 161</u> : Multicultural/Aging (3) (FALL ONLY) | _____ |
| <u>PHTH 105</u> : Medical Terminology for Health Professionals (3) | _____ |

Total Units Required in Major	68 units
Total Units Required in General Education	49 units
Electives needed	3-9 units

RECREATION ADMINISTRATION Recreation Therapy Option, B.S. (120 Units) Valid for Catalog Years: 2021/2022 to Current

For assistance or to schedule an advising appointment, please contact the **CHHS Advising and Career Development Center:** 559-278-5027, McLane Hall 194

Student Name: _____

Student ID: _____

Catalog Year: _____

	Year 1 (Freshman)		Year 2 (Sophomore)		Year 3 (Junior)		Year 4 (Senior)	
	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
Major	<i>Lower Division GE</i>	<i>Lower Division GE</i>	GE Area E RA 80 (3 Units)	RA 60 (1 Unit)	BIOL 33 (5 Units)	RA 144A (3 Units)	RA 101 (3 Units)	RA 184I (12 Units)
	<i>Lower Division GE</i>	<i>Lower Division GE</i>	RA 55 (3 Units)	RA 125 (3 Units)	RA 142 (3 Units)	RA 144B (3 Units)	RA 128 (4 Units)	
	<i>Lower Division GE</i>	<i>Lower Division GE</i>	RA 73S (3 Units)	CFS 38 (3 Units)	PSYCH 66 (3 Units)	RA 148 (3 Units)	RA 149 (3 Units)	
	<i>Lower Division GE</i>	<i>Lower Division GE</i>	RA 77S (3 Units)	<i>Lower Division GE</i>	Rec Admin Elective	RA 179 (3 Units)	RA 180 (1 Unit)	
	<i>Lower Division GE</i>	<i>Lower Division GE</i>	<i>Lower Division GE</i>	<i>Upper Division GE</i>	<i>Upper Division GE</i>	<i>Upper Division GE</i>	<i>Multicultural International (MI)</i>	
Milestones	ACDC Advising		RA 55 Advising	<i>American Government</i>		200 Hrs Pre-RA 180 Advising		

Elective Options:

Physical Therapy Pre-Requisites

- Human Anatomy w/ Lab (BIOL 67A or BIOL 64)
- Human Physiology w/ Lab (BIOL 67B or BIOL 65)
- Part One of General Chemistry series w/ Lab (CHEM 1A/1AL **OR** CHEM 3A)
- Continuation of General Chemistry series w/ Lab (CHEM 1B/1BL **OR** CHEM 3B/3BL)
- Semester One of General Physics w/ Lab (PHYS 2A)
- Semester Two of General Physics w/ Lab (PHYS 2B)
- General Psychology, Developmental Psychology, or Lifespan Psychology (PSYCH 10, 123, or 155)
- Abnormal Psychology or Psychological Aspects of Disability (PSYCH 66 or 169)
- Basic Statistics (MATH 11, PH 92, or PSYCH 42)

Certificate in Correctional Recreation

Required Courses (6 Units)

- RA 107
- RA 109

Elective Units (Select 6 Units)

- RA 113, 115; ART 109T (Prison Art), 170, 179; CRIM 112, 133, 134, 138, 174; SOC 143, 189S; SWRK 128, 129, 136

Advising Notes

1. Formerly Therapeutic Recreation Option (Name change effective 2019-2020 Academic Year)
2. All Recreation Administration courses used in the major must be completed with a grade of C or higher
3. CR/NC grading is not permitted in courses in the Recreation Administration major, except in those courses which are designated CR/NC grading only.
4. Courses taken within the Recreation Administration major may be used toward general education requirements, a minor, or a supplemental credential. Consult the appropriate department advisor for further information.

2020-2021 GENERAL EDUCATION (G.E.) REQUIREMENTS

NOTES: **A minimum of 49 G.E. units are required.** All classes are three or more semester units.

Engineering and Liberal Studies majors complete a different G.E. pattern--consult department advisor.

◆ FOUNDATION

Four courses: One in A1, one in A2, one in A3, & one in B4 for a minimum of 12 units.
FOUNDATION courses must be satisfied with a minimum "C" grade.

Area A - Fundamental Skills and Knowledge

A1 Oral Communication: Communication 3, 7, 8

A2 Written Communication: (Prerequisite for English 5B is passing 5A) English 5B, 10

A3 Critical Thinking: Africana Studies 20; Anthropology 30; Chicano & Latin American Studies 30; College of Science & Math 10; Communication 5; Computer Science 1; Geography 25; Interdisciplinary 50; Natural Science 4; Philosophy 25, 45; Sociology 3, 3S; Women's Studies 12

B4 Quantitative Reasoning: (Co-requisite or prerequisite Math courses may be required. Check with advisors)
 Criminology 50, Decision Sciences 71, 72; Mathematics 6, 11, 11L, 45, 45L, 70, 75, 75A

Course/Units/Grade

A1 _____

A2 _____

A3 _____

B4 _____

◆ BREADTH

Area B - Physical Universe and Its Life Forms

Two courses: One in B1 and one in B2--see above for B4

B1 Physical Sciences: (Prerequisite: Completion of B4) Chemistry 1A & 1AL, 3A, 10; Earth & Environmental Sciences 1, 1V, 4; Physical Science 21; Physics 2A, 4A & 4AL, 10

B2 Life Sciences: Biology 1A, 10, 11, 12

B3 Laboratory Component: B1 or B2 must have a lab (All B1 and B2 courses taken at Fresno State have a mandatory lab component.)

B1 _____

B2 _____

B3 _____

Area C - Arts and Humanities

Three courses: One in C1, one in C2, and a third from C1 or C2

C1 Arts: Armenian Studies 20; Art 1, 20, 40, 50; Art History 10, 11, 12; Chicano & Latin American Studies 9; Drama 22, 62; English 41, 43, 44; Media, Communications and Journalism 9; Music 9 (not for music majors), 9A, 74, 75

C2 Humanities: Arabic 1A, 1B; Armenian 1A, 1B, 2A; Chinese 1A, 1B; Communicative Sciences & Deaf Studies 90, 92; English 20, 30; French 1B, 2A, 2B; German 1B, 2A, 2B; Greek 1A, 1B; Hebrew 1A, 1B; Hmong 1A, 1B; Humanities 10, 11, 15, 20; Italian 1A, 1B, 2A, 2B; Japanese 1A, 1B; Latin 1A, 1B; Linguistics 10; Persian 1A, 1B; Philosophy 1, 2, 10, 20; Portuguese 1A, 1B; Spanish 1B, 2A, 2B, 3, 4A, 4B

C1 _____

C2 _____

C1 or
 C2 _____

Area D - Social, Political & Economic Institutions & Behavior, Historical Background

One course in each sub-area (Prerequisite: GE Foundation A2 for students in English college-readiness Category III and IV)

D1 American History: History 11, 12

D2 American Government: Political Science 2

D3 Social Science: Africana Studies 10, 15, 27; Agricultural Business 1; American Indian Studies 50; Anthropology 2, 3; Armenian Studies 10; Asian American Studies 15; Child & Family Studies 31; Chicano & Latin American Studies 3, 5; Communicative Sciences & Deaf Studies 98; Criminology 10; Economics 25, 40, 50; Geography 2, 4, 81; History 20, 21; Industrial Technology 20; Jewish Studies 10; Media, Communications and Journalism 1; Middle East Studies 10; Political Science 1; Psychology 10; Sociology 1 or 1S; Women's Studies 10

D1 _____

D2 _____

D3 _____

Area E - Lifelong Understanding and Self-Development One course

E Lifelong Understanding & Self-Development: Animal Science 67; Art 13; Child & Family Studies 38, 39; College of Science & Math 15; Dance 16, 70; Drama 32; Finance 30; Gerontology 10S, 18, 111; Kinesiology 32 & concurrent enrollment in any KAC course; Linguistics 30; Nutrition 53; Peace and Conflict Studies 110; Psychology 61; Public Health 90, 91, 110; Recreation Administration 80; University 1; Women's Studies 18

E _____

UPPER DIVISION G.E. CONSISTS OF 9 UNITS

IB, IC, and ID courses can be taken no sooner than the term in which 60 units of coursework are completed.

◆ INTEGRATION Three upper division courses--one in each area

IB Physical Universe and Its Life Forms: (Prerequisite: Completion of FOUNDATION and Area B)

Anthropology 161; Chemistry 170; Computer Science 100; Earth & Environmental Sciences 112, 167, 168; Geography 115, 128, 129; Natural Science 115, 120, 121, 125; Physical Science 131, 168; Physics 100; Plant Science 105; Public Health 161; Sociology 158

IB _____

IC Arts and Humanities: (Prerequisite: Completion of FOUNDATION and Area C)

Africana Studies 129; Armenian 148; Art 102; Arts & Humanity 105; Chicano & Latin American Studies 130; Dance 171; Drama 163; English 101, 102, 103, 112, 113, 114, 174; French 109, 149; Humanities 104, 108, 110, 118, 129; Interdisciplinary Art Studies 108; Linguistics 115, 130, 138; Music 170A, 171, 187; Philosophy 120, 150, 151; Spanish 125, 129

IC _____

ID Social, Political and Economic Institutions and Behavior, Historical Background:

(Prerequisite: Completion of FOUNDATION and Area D)
 Africana Studies 144; Agricultural Business 155; American Indian Studies 103; Anthropology 116W, 145; Chicano & Latin American Studies 114, 115; Construction Management 124; Criminology 101, 120, 120S; Economics 146, 167, 176, 183; Forensic Behavioral Sciences 153; Geography 133, 173, 184; Gerontology 100; History 101, 154; Jewish Studies 154; Kinesiology 111; Media, Communications and Journalism 175, 178; Peace and Conflict Studies 100; Social Science 110; Sociology 131, 143, 163; Women's Studies 101, 124, 149

ID _____

TOTAL UNITS _____

Graduation Requirements

PLANNING YOUR DEGREE

- ❑ **Meet with an Academic Counselor to complete a My Degree Plan (roadmap)**
- ❑ **Units per semester to graduate:**
4 years: 15 units x 8 semesters = 120 units
5 years: 12 units x 10 semesters = 120 units
- ❑ **Complete your upper-division writing skills during your junior year (60-90 units)**
- ❑ **Complete your Application for Degree & pay the fee during the first four weeks of your final semester**

- **120 unit minimum - comprised of:**
 - 49 General Education (or modified version per Major)
 - Major
 - Electives if needed to reach 120 units (minor/certificate/other)
- **2.00 GPA in:**
 - Major
 - Campus units
 - Cumulative units
- **Specific course requirements:**
 - English Composition (English 5A & 5B, 10 or equivalent)
 - US History (History 11, 12 or equivalent)
 - US and California Constitution (Political Science 2, 102 or equivalent)
 - Multicultural/International course

Multicultural/International courses

Africana Studies **150, 164**; Anthropology **105W, 120, 123, 125**; Asian American **110**; Business Administration **104**; Chicano & Latin American Studies **160, 170**; Communication **164**; Communicative Sciences & Deaf Studies **139**; Economics **181**; Geography **167**; Gerontology **161**; History **186**; Humanities **105, 140**; Interdisciplinary Capstone **177, 188S**; Linguistics **147**; Media, Communications and Journalism **176, 179**; Marketing **100S**; Nursing **141, 141LS**; Public Health **104, 128S**; Philosophy **131,132**; Political Science **120**; Recreation Administration **130**; Sociology **111, 142**; Social Science **180**; Social Work **136**; Women's Studies **110, 120/120S, 135**;

- **Writing Skills Requirement:**
 - Upper-division writing skills (exam or course with a "W")

W courses

Africana Studies **104W**; Agricultural Business **170SW**; Anthropology **105W, 116W, 126W**; Asian American Studies **151W**; Aerospace Studies **105AW*, 105BW**; Business Administration **105W**; Chemistry **161W**; Chicano & Latin American Studies **102W**; Child and Family Science **130W***; Economics **102W**; Earth and Environmental Sciences **104W, 135W**; English **106W, 115W, 117W*, 160W, 170W**; Engineering **105W***; Health & Human Services **116W**; History **100W***; Industrial Technology **198W**; Jewish Studies **100W**; LEE **180W**; Linguistics **110W*, 111W**; Media, Communications and Journalism **102W*, 114W***; Philosophy **125W, 133W**; Plant Science **110W**; Sociology **130W/WS**;

Note: a few majors require a specific "W" course; see catalog requirement for your major

*Enrollment may be restricted or have additional prerequisites. Check the course description in the catalog or my.fresnostate.edu.

- **Fresno State Residency unit minimums:**
 - 30 units
 - 24 upper-division units
 - 12 units in major
 - 9 General Education units