

STEP #2

**PARENT-CHILD RELATIONSHIP MILESTONES**

Child: \_\_\_\_\_ Caregiver: \_\_\_\_\_ Examiner: \_\_\_\_\_ Date: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

	1	2	3	4	5	6
<b>Place an X in the box that matches the milestone and achievement levels</b>	Age appropriate under all conditions, including stress, with a full range of emotions	Age appropriate but vulnerable to stress and/or constricted range of emotions	Has capacity but not at age appropriate level	Inconsistent/needs sensorimotor support and structure to function at this capacity	Barely evidences capacity even with support	Has not reached this level
<b>Functional Capacities</b>						
<b>BOTTOM-UP</b>						
<b>Level 1. Getting Calm (Green Zone) Together</b> (by 3 months)						
<b>These functions are built upon the capacity to be calm together</b>						
<b>Level 2. When <i>calm</i>, able to make visual contact (eye contact/look at faces), or auditory contact (vocalize or sing together), or movement contact (rock together), or tactile contact (cuddle together), or olfactory contact (smelling together) that you both find comforting &amp; connecting</b> (by 3 months)						
<b>Level 3. When making <i>comforting contact</i>, able to share joy &amp; fall in love</b> (by 5 months)						
<b>Level 4. When sharing <i>joy</i>, able to create a continuous back and forth flow of communication (“circles”)</b> (by 9 months)						
<b>Level 5. When in a <i>flow</i>, able to expand and read non-verbal emotional &amp; gestural cues</b> (by 13 to 18 months)						
<b>TOP-DOWN</b>						
<b>Level 6. When <i>reading cues</i>, able to share feelings with others through pretend play and/or by talking</b> (by 24 to 36 months)						
<b>Level 7. When <i>sharing feelings</i>, able to make-sense and solve problems together</b> (by 36 to 48 months)						