

## Parental/Adult Risk Factors

That Can Compromise Parents' Ability to Offer Their Child Support

### Regulation

- Significant prenatal stressors
- No or poor prenatal care
- History of, or current substance abuse, smoking\*
- Physical abuse\*
- Physical neglect\*
- Sexual abuse\*
- Teenage pregnancy
- Poor nutrition
- Premature labor
- Multiple births
- Genetic disorder(s)
- Chronic medical condition(s)
- Chronic allergies
- Sleep difficulty duration (onset, time of awakening, including naps)
- Sleep difficulty quality (snoring, restlessness, night awakenings)
- Rigid or chaotic pattern of arousal energy that is entrenched (hypoalert, hyperalert, flooded)
- Low maternal education
- Few familial financial resources
- Unhygienic environment
- Inadequate food, shelter, or clothing
- Limited community resources
- Post-partum depression
- Birth complications (prolonged labor, traumatic birth, C-section (planned or emergency), breach birth)

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## Global Questions

Check the left box if you are certain and check the right box if you are uncertain

### Regulation

- Are stress responses adaptive? That is, does a person show adequate recovery?
- Is the person's use of energy efficient and flexible or rigid and chaotic?
- How does the person conserve energy?

### Sensory

- How quickly and efficiently does the adult process sensory information?
- How reactive is the adult to sensory information from relationships?
- Is the adult leaning toward types of sensory information that are considered safe as opposed to those that are threatening?

## Parental/Adult Risk Factors

That Can Compromise Parents' Ability to Offer Their Child Support

### Sensory

- Loss of hearing or vision
- Inaccurate processing of information
- Slow processing of information
- Speech abnormality
- Learning disorder(s)
- Only overreactive to sensory information in at least one sensory domain
- Only underreactive to sensory information in at least one sensory domain
- Both overreactive and underreactive to sensory information in at least one sensory domain
- Over or under stimulating living environment
- Sensation seeker

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### Relevance

- Exposure to domestic violence\*
- Emotional abuse\*
- Emotional neglect\*
- Familial history of mental illness\*
- Separation or loss of a parent\*
- Parental criminality\*
- History of children removed from home; abuse/neglect of other children
- Multiple children to care for
- Weak commitment to child
- Chronically depressed or anxious
- Rapid swings into high-intensity emotions; low frustration tolerance
- Lack of empathy for self and others
- Difficulty making eye contact and lacking warmth
- Negative appraisal of child as willfully disobeying or as not loving parent
- Parent unable to set boundaries and over accommodates child
- Discrepancies exist among words, actions, or non-verbal communication
- Learning disruptions
- Inability to ask for help when necessary
- Immigration History
- Experience with exclusion or poor treatment due to power differentials(s)

ACE Score /10

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### Relevance

- Is the individual able to express a range of positive and negative emotions flexibly?
- How do experiences influence memories and appraisals?
- Are emotionally loving, significant, and long-term relationships present?
- Does the individual tend to attribute positive or negative meanings to experiences?

### Executive

- Does adult show purposeful movement that is both adaptive and flexible?
- Can adult see the big picture?
- Can the adult stay on track in expressing a thought, emotion, or narrative?
- Can the adult complete tasks in a relatively smooth fashion?

### Executive

- Motorically clumsy, awkward, or lethargic
- High distractibility
- High impulsivity
- Unable to delay gratification
- Lacks stable routines
- Adheres to rigid routines and habits, avoiding novelty
- Lack of knowledge concerning normative child development
- Difficulty following through with agreed-on strategy or plan for improving one's own green zone, child's green zone, and levels of engagement
- Lacks a willingness to incorporate a new way to understand a child's behavior (e.g., mental rigidity)
- Is unaware of, or inaccurately judges, own strengths and weaknesses
- Difficulty using hindsight, insight, and foresight for self-reflection and problem solving
- Lacks cause-effect reasoning
- Unable to hold self and others in mind at the same time
- Unable to consider the part in relation to the whole

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# Four Brain Systems- History Checklist

## Child/Youth Risk Factors

That Increase Children's Need for Adult Support

### Regulation

- Prenatal maternal stress
- No or poor prenatal care Intrauterine growth retardation or fetal malnutrition
- Toxins in utero
- Premature birth
- Low Apgar score
- Meconium Aspiration
- Jaundice
- Genetic disorder(s)
- Infant medical condition(s)
- Chronic allergies
- Feeding problems
- Elimination concerns
- Poor suck, swallow, and breathe coordination
- Poor nutrition
- Sleep difficulty Duration (onset, time of awakening, including naps)
- Sleep difficulty Quality (snoring, restlessness, night awakenings)
- Rigid or chaotic pattern of arousal energy that is entrenched (hypoalert, hyperalert, flooded)
- Physical abuse\***
- Physical neglect\***
- Sexual abuse\***

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### Relevance

- Male preterm infant
- Exposure to domestic violence\***
- Emotional abuse\***
- Emotional neglect\***
- Separation or loss of a parent\***
- Parental criminality\***
- Parental mental illness\***
- Parental substance abuse\***
- Traumatic memories
- Lack of emotional care due to foster care or orphanage placement
- Chronically depressed or anxious
- Rapid swings into high-intensity emotions; no frustration tolerance
- Lack of empathy for self and others
- Lack of eye contact absence of interest in others and/or lack of social referencing (overly detached)
- Highly demanding of others
- Over accommodating to others
- Lacks one person in the family who is strongly committed to child and who provides loving care
- Discrepancies exist between words, actions, or non-verbal communication
- Unable to learn from previous experiences
- Inability to ask for help when necessary
- Immigration history
- Experience with exclusion or poor treatment due to power differential(s)

ACE Score

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## Global Questions

Check the left box if you are certain and check the right box if you are uncertain

### Regulation

- Are stress responses adaptive? That is, does a person show adequate recovery?
- Is the person's use of energy efficient and flexible or rigid and chaotic?
- How does the person conserve energy?

### Sensory

- How quickly and efficiently does the child process sensory information?
- How reactive is the child to sensory information from relationships?
- Is the child leaning toward types of sensory information that are considered safe as opposed to those that are threatening?

### Relevance

- Is the individual able to express a range of positive and negative emotions flexibly?
- How do experiences influence memories and appraisals?
- Are emotionally loving, significant, and long-term relationships present?
- Does the individual tend to attribute positive or negative meanings to experiences?

### Executive

- Does child show purposeful movement that is both adaptive and flexible?
- Can child see the big picture?
- Can the child stay on track in expressing a thought, emotion, or narrative?
- Can the child complete tasks in a relatively smooth fashion?

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## Child/Youth Risk Factors

That Increase Children's Need for Adult Support

### Sensory

- Loss of hearing / vision
- Inaccurate processing of information
- Slow processing of information
- Speech delay
- Learning disorder(s)
- Only overreactive to sensory information in at least one sensory domain
- Only underreactive to sensory information in at least one sensory domain
- Both overreactive and underreactive to sensory information in at least one sensory domain
- Institutional care or neglect without adequate sensory information/stimuli
- Sensation seeker

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### For Birth to 3 Executive

- Motorically clumsy, awkward, or lethargic
- Lacks developmentally appropriate use of gestures to communicate needs and wants
- Lacks developmentally appropriate use of words to problem solve

For 3+

- High distractibility
- High impulsivity
- Unable to delay gratification
- Lacks developmentally appropriate abilities to sequence activities of daily living
- Adheres to rigid routines and habits, avoiding novelty
- Lacks a willingness to incorporate a new way to understand own or other's behavior (e.g., mental rigidity)
- Is unaware of, or inaccurately judges, own strengths and weaknesses
- Difficulty using hindsight, insight, and foresight for self-reflection and problem solving
- Lacks cause-effect reasoning
- Unable to hold self and others in mind at the same time
- Unable to do part to whole reasoning
- Poor time management

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