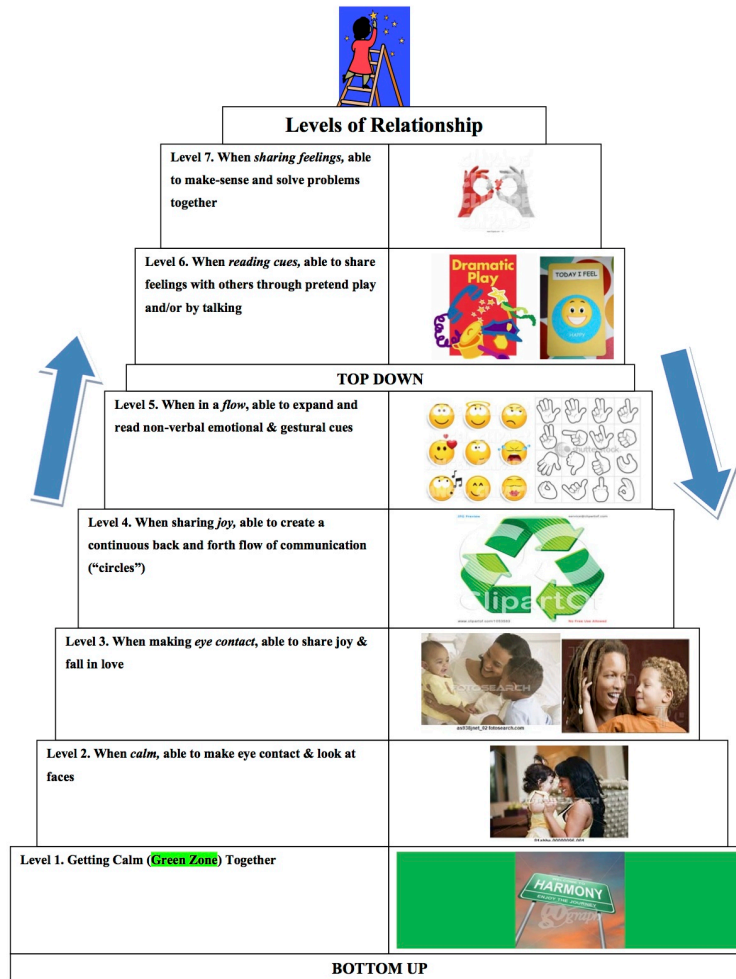


## Cheat Sheet for Step Two: Assessing the Quality of the Relationship



### PARENT-CHILD RELATIONSHIP MILESTONES

Child: \_\_\_\_\_ Caregiver: \_\_\_\_\_ Examiner: \_\_\_\_\_ Date: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

	1	2	3	4	5	6
<b>Place an X in the box that matches the milestone and achievement levels</b>	Age appropriate under all conditions, including stress, with a full range of emotions	Age appropriate but vulnerable to stress and/or constricted range of emotions	Has capacity but not at age appropriate level	Inconsistent/needs sensorimotor support and structure to function at this capacity	Barely evidences capacity even with support	Has not reached this level
<b>Functional Capacities</b>	<b>BOTTOM-UP</b>					
<b>Level 1. Getting Calm (Green Zone) Together (by 3 months)</b>	These functions are built upon the capacity to be calm together					
<b>Level 2. When calm, able to make eye contact &amp; look at faces (by 3 months)</b>						
<b>Level 3. When making eye contact, able to share joy &amp; fall in love (by 5 months)</b>						
<b>Level 4. When sharing joy, able to create a continuous back and forth flow of communication ("circles") (by 9 months)</b>						
<b>Level 5. When in a flow, able to expand and read non-verbal emotional &amp; gestural cues (by 13 to 18 months)</b>						
	<b>TOP-DOWN</b>					
<b>Level 6. When reading cues, able to share feelings with others through pretend play and/or by talking (by 24 to 36 months)</b>						
<b>Level 7. When sharing feelings, able to make-sense and solve problems together (by 36 to 48 months)</b>						