Mapping Out the Three Steps (Patli)

GRB	Red Zone Blue Zone	What/When? What/When? What/When?					
GRB	Green Zone Red Zone Blue Zone	What/When? What/When? What/When?					
RB	Red Zone Blue Zone	What/When? What/When?					
o B	Blue Zone	What/When?					
	Blue Zone	What/When?					
o C	Combo Zone	What/When?					
。 C	Combo Zone	What/When?					
Step Two							
			PARENT-CHILD	RELATIONSHIP MILE	ESTONES		
Chil	ild:C	Caregiver:	Examiner:	Date:	Diagnosis:		
DI	W	1	2	3	4	5	6
	X in the box that the milestone and	Age appropriate under all	Age appropriate but vulnerable to stress	Has capacity but not at age	Inconsistent/needs sensorimotor	Barely evidences	Has not reached this level
achievem	nent levels	conditions,	and/or constricted	appropriate level	support and	capacity even	
		including stress,	range of emotions		structure to	with support	
		with a full range of emotions			function at this capacity		
Functi	ional Capacities	or emonons			Jupuonij		
Lovel 1 C	Getting Calm (Green		BOTTOM-UP				
	gether (by 3 months)						
	When calm, able to	These functions are b	uilt upon the capacity to	be calm together			

matches the misstone and achievement levels achievement levels achievement levels including stress, with a full range of emotions Functional Capacities Functional Capacities BOTTOM-UP Level 1. Getting Calm (Green Zone) Together (by 3 months) Level 2. When calm, able to make eye contact & look at faces (by 3 months) Level 3. When making eye contact, able to share joy & fall in love (by 5 months) Level 4. When sharing joy, (able to create a continuous back and forth flow of communication ("circles") (by 9 months) Level 5. When in a flow, able to texpand and read non-verbal emotional & gestural cues (by 13 to 18 months) Level 6. When reading cues, able to share feelings with others through pretend play and/or by talking (by 24 to 36 months) Level 7. When sharing for feelings, able to make-sense and solve problems together DIR® Institute adapted from the DMIC, ICDL Press Original functional levels from ICDL's FEDL; adapted language & organization by Connie Lillias

Mapping Out the Three Steps (Patli)

Fear/Combo Zone
Lovie for comfort
Problem Solving
Blocking eyes

Humor and Joy
Use of language to sequence
Planning in play
Offering comfort to scared baby doll

Blank stare of the hippo
Mastering fear/being
brave
Taking on different roles
Enacting past experience

Step Three						
Body (Regulation)	Feelings (Relevance)					
	·					
	·					
•						
Sensations (Sensory)	Thoughts/Planning (Executive)					
•	·					
•	·					
•	·					
•						
•	•					