

Anthony’s Stress Responses and Triggers

<b>GROUP A</b> Symptoms	<b>GROUP B</b> Diagnostic Categories
<ul style="list-style-type: none"> <li>• Lack of joyful exchanges</li> <li>• Poor head control</li> <li>• No eye contact</li> <li>• Limited cooing</li> <li>• Chronic avoidance/aversion to sensory input</li> <li>• Primary blue zone state</li> <li>• No signs of learning</li> <li>• Sleeping too much</li> <li>• Lack of orienting to sights and sounds</li> <li>• Lack of engagement</li> <li>• Lack of movement of reaching, rolling, turning eyes or head</li> <li>• Chase and dodge relational pattern</li> </ul>	<ul style="list-style-type: none"> <li>• Relationship Disorder</li> <li>• R/O Mood Disorder</li> <li>• Trauma</li> <li>• Regulatory Disorder</li> <li>• Speech Delay</li> <li>• Motor Delay</li> </ul>

<b>STRESS RESPONSES &amp; TRIGGERS</b>	
<p><b>Regulation (Body)</b></p> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>	<p><b>Sensations (Sensory)</b></p> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>
<p><b>Feelings/Memories (Relevance)</b></p> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>	<p><b>Thoughts/Planning (Executive)</b></p> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>