PARENT-CHILD RELATIONSHIP MILESTONES

Cniia:C	aregiver:	Examiner:	Date:	Diagnosis:		
	1	2	3	4	5	6
Place an X in the box that matches the milestone and achievement levels	Age appropriate under all conditions and full range of affect	Age appropriate but vulnerable to stress and/or constricted range of affect	Has capacity but not at age appropriate level	Inconsistent/needs support and structure to function at this capacity	Barely evidences capacity even with support	Has not reached this level
Functional Capacities						
BOTTOM-UP						
Ia. Getting Calm Together (by 3 months)						
These functions are built upon the capacity to be calm together						
Ib. When <i>calm</i> , able to make eye contact (by 3 months)						
II. When making eye contact, able to share joy (by 5 months)						
III. When sharing <i>joy</i> , able to create a continuous back and forth flow of communication (by 9 months)						
IV. When in a flow, able to expand non-verbal communication through an increasingly nuanced ability to read emotional cues, intentions, gestures, and to solve problems (by 13 to 18 months)						
TOP-DOWN						
V. When sharing <i>emotions</i> , able to create stories via symbolic play or pretend play with developing language skills (by 24 to 36 months)						
VI. When using emotional stories, able to make sense and solve problems together (by 36 to 48 months)						

DIR® Institute adapted from the DMIC, ICDL Press

Original functional levels from ICDL's FEDL; adapted language by Connie Lillas