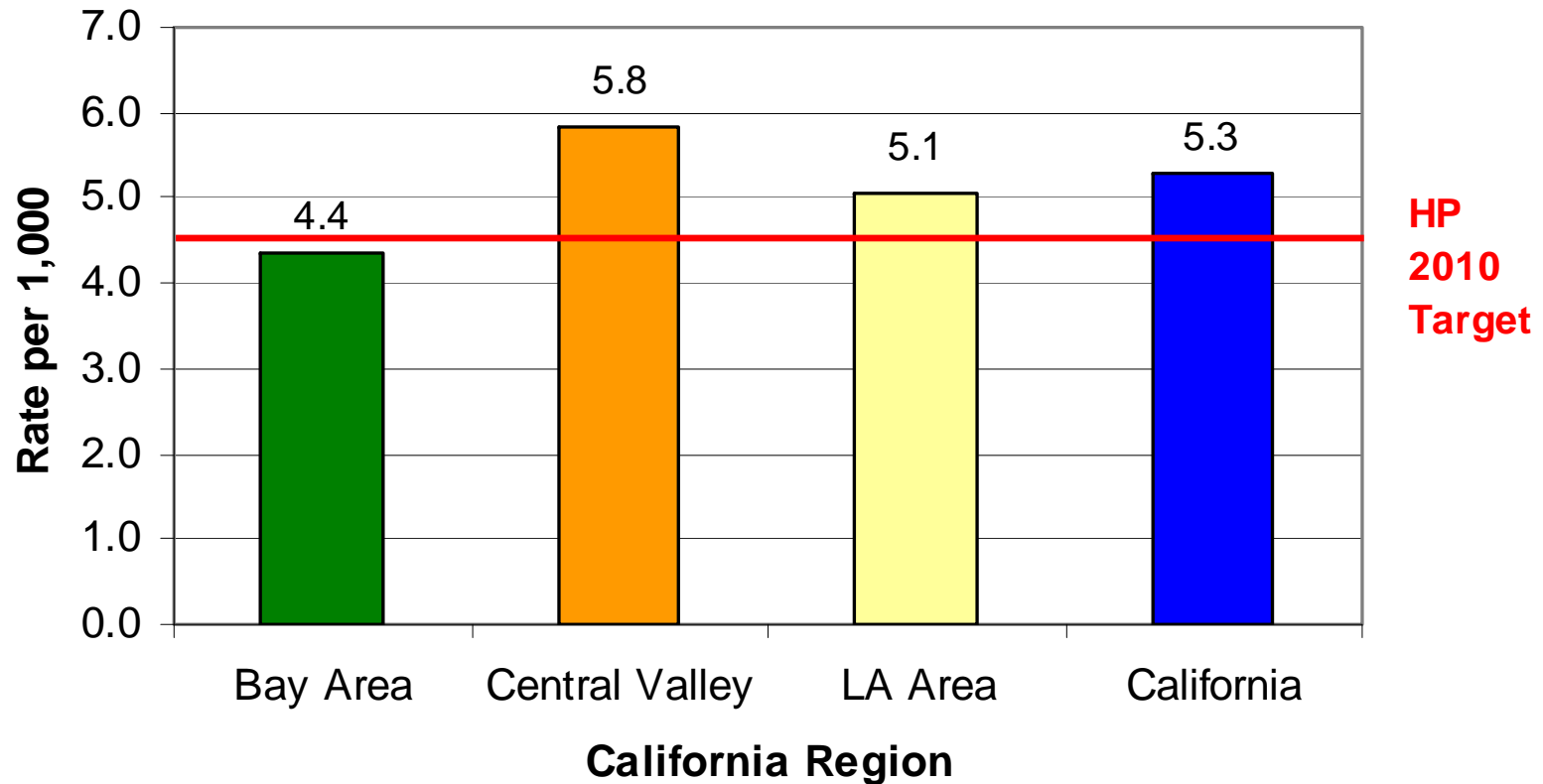




Families Ready for Children

What does it take to have a healthy baby...

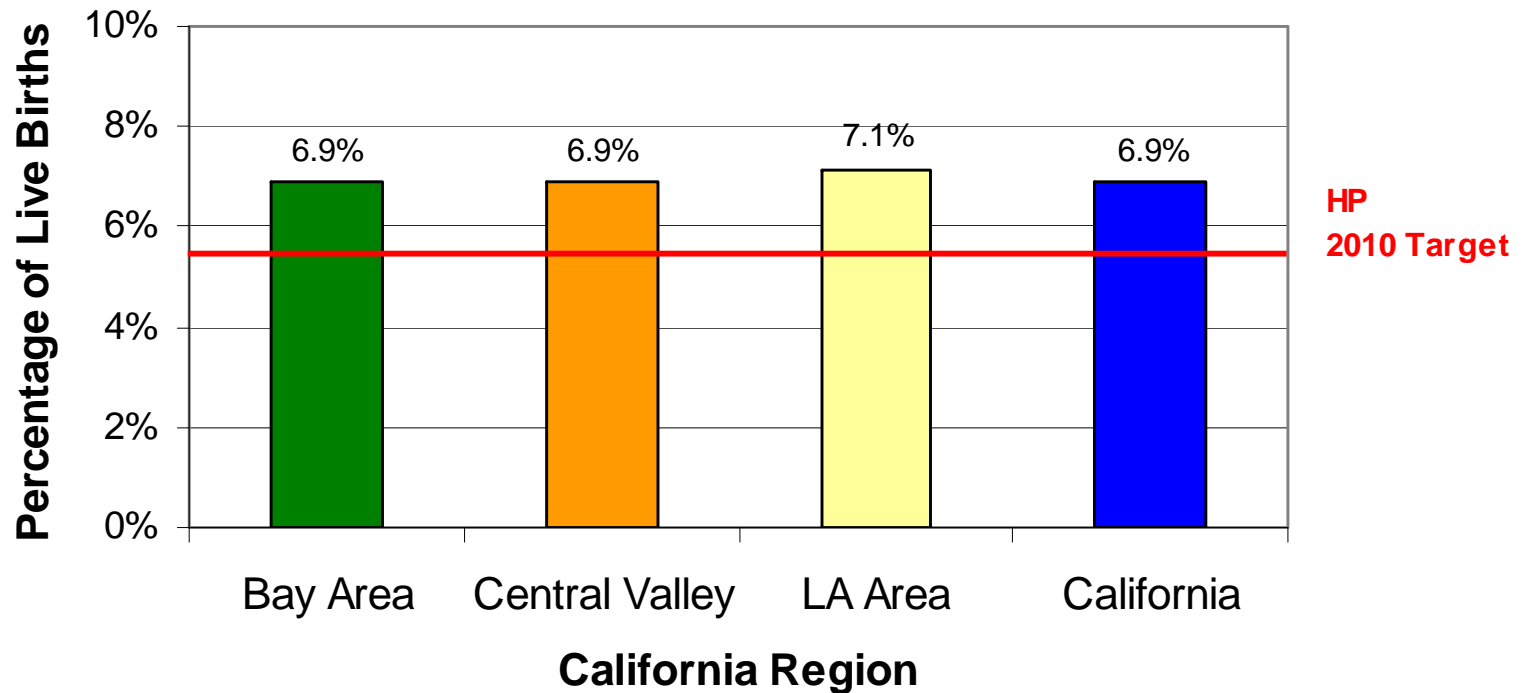
Average Annual Infant Mortality Rate by California Region, 2004-2006



Average annual rate per 1,000 live births based on Birth Cohort Data.

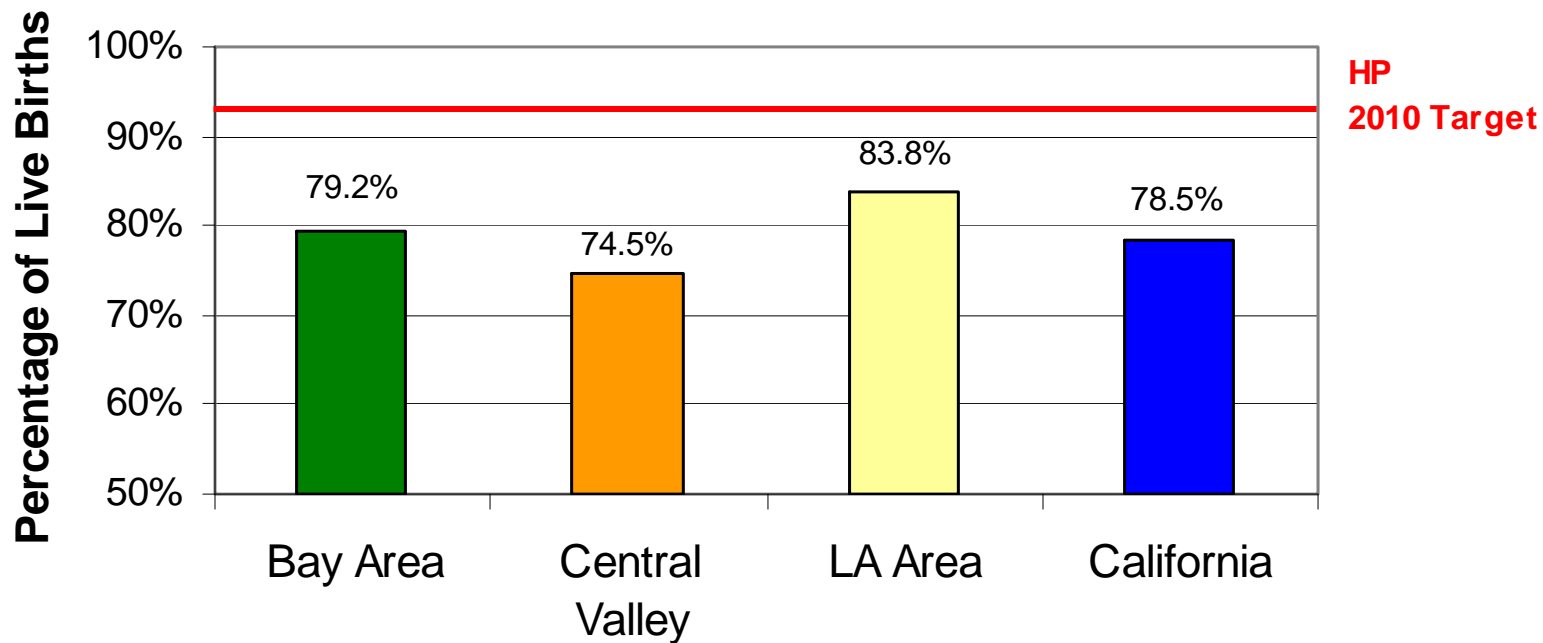
Source: County Health Status Profiles, California Department of Public Health

Percentage of Infants Born at Low Birth Weight by California Region, 2005-2007



Average annual percentage of live births with adequate/adequate plus prenatal care. Source: County Health Status Profiles, California Department of Public Health

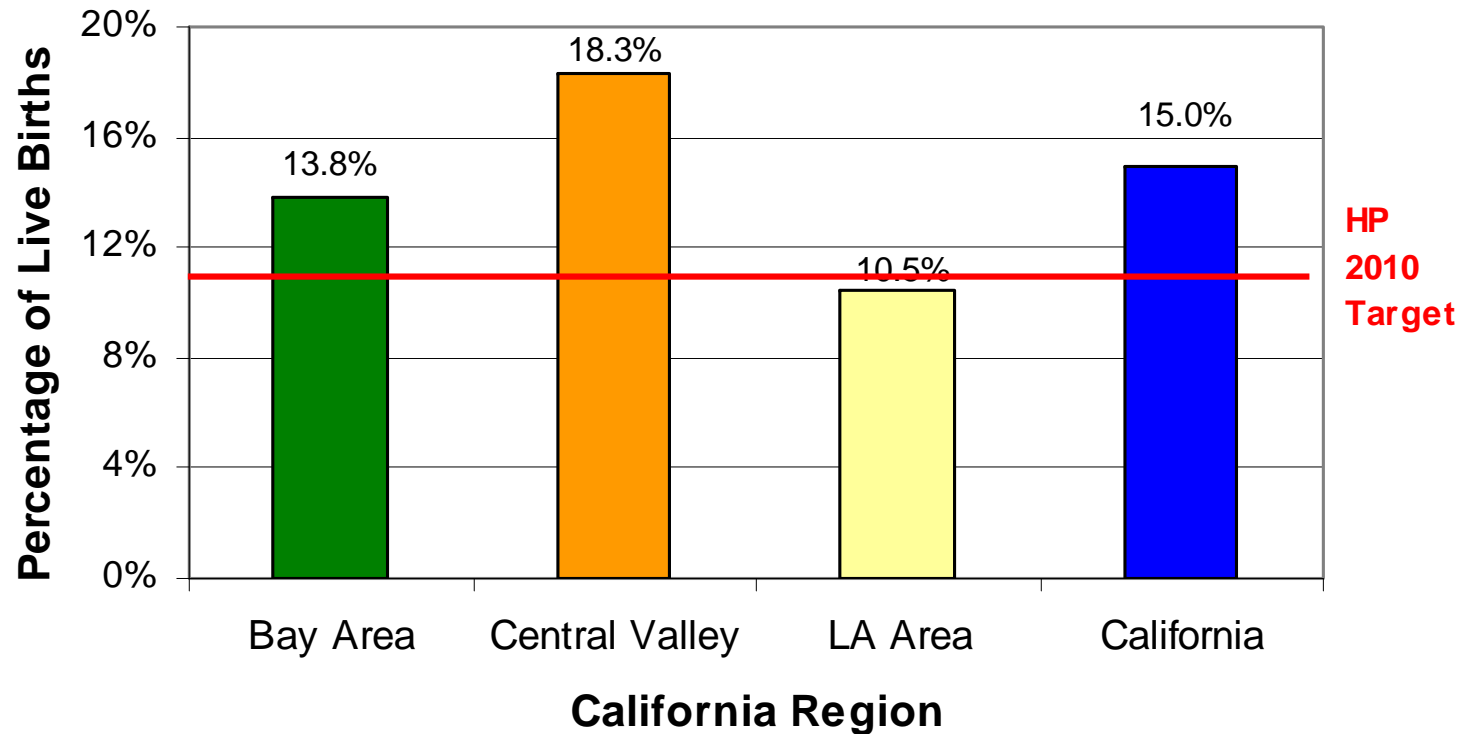
Adequate/Adequate Plus Prenatal Care by California Region, 2005-2007



California Region

Average annual percentage of live births with adequate/adequate plus prenatal care. Source: County Health Status Profiles, California Department of Public Health

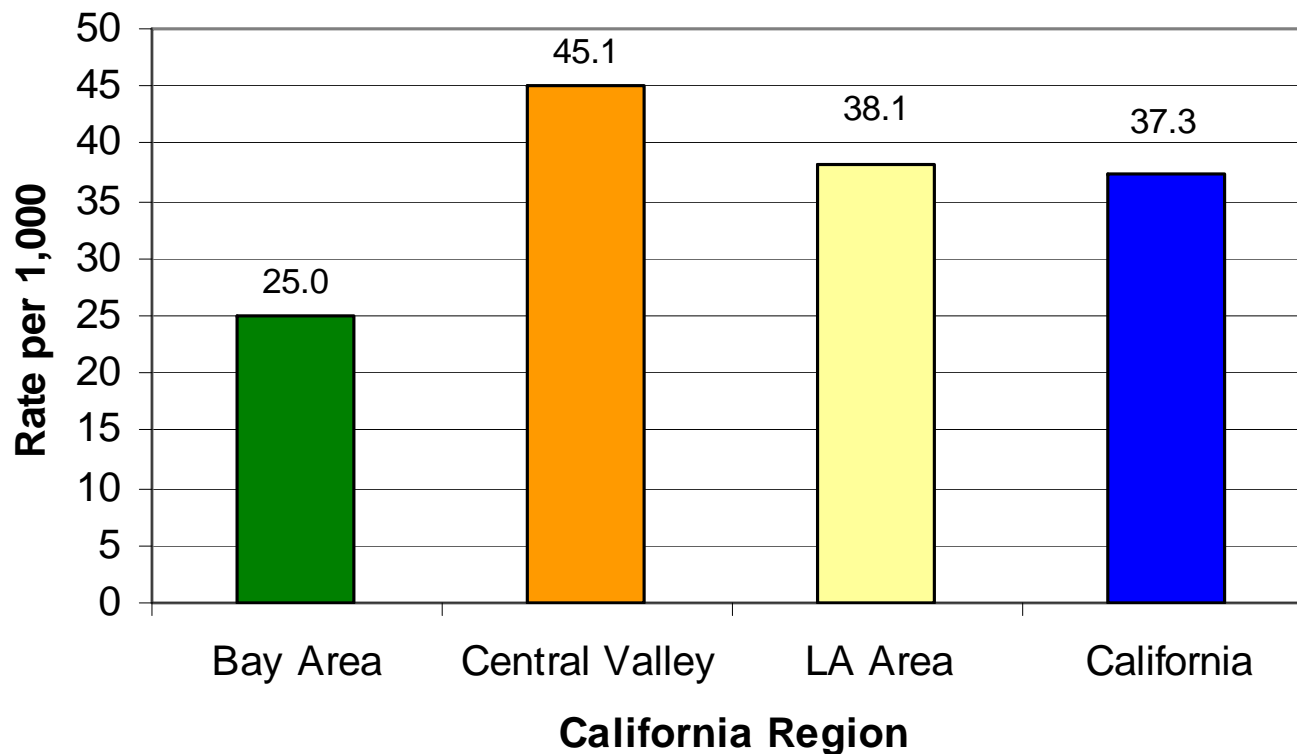
Percentage of Live Births with Late or No Prenatal Care by California Region, 2005-2007



Average annual percentage of live births with no or late prenatal care

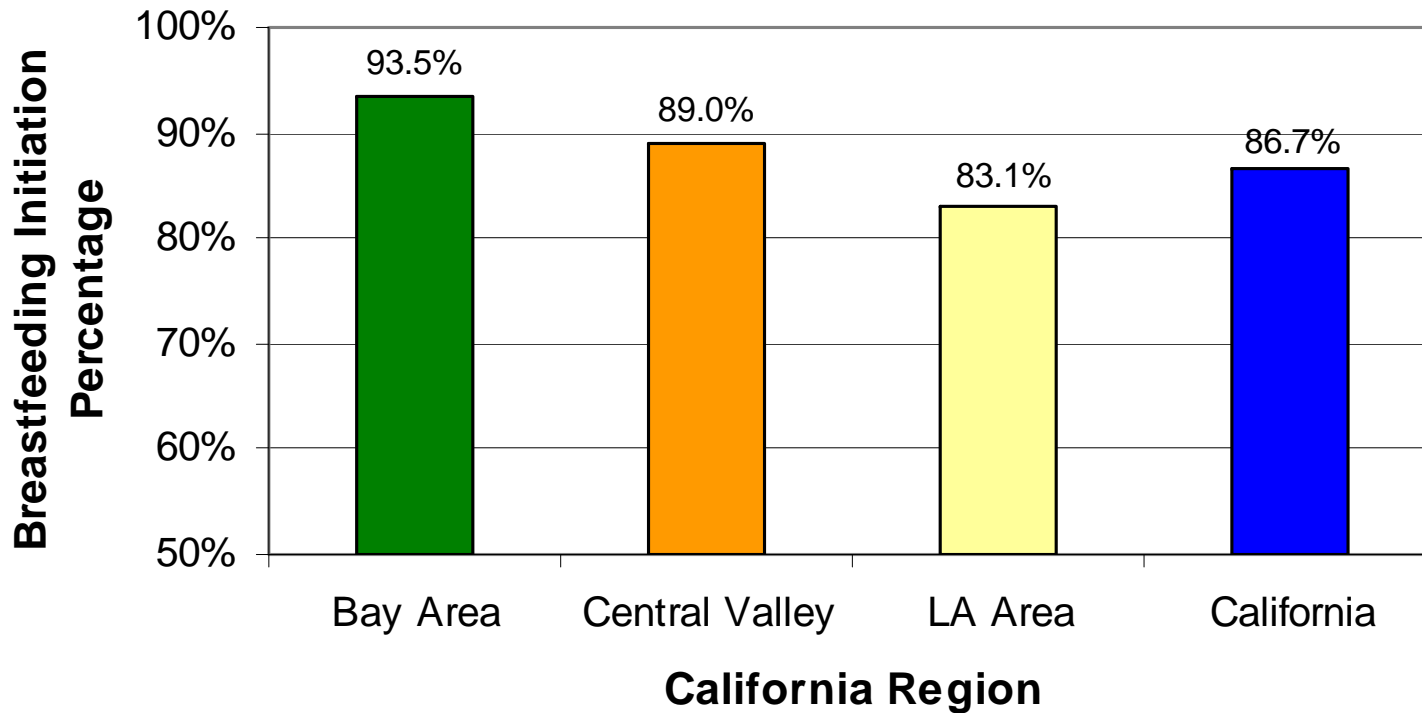
Source: County Health Status Profiles, California Department of Public Health

Average Annual Teen Birth Rate by California Region, 2005-2007



Age-specific birth rates for mothers aged 15-19 years from the Birth Statistical Master File. Source: County Health Status Profiles, California Department of Public Health

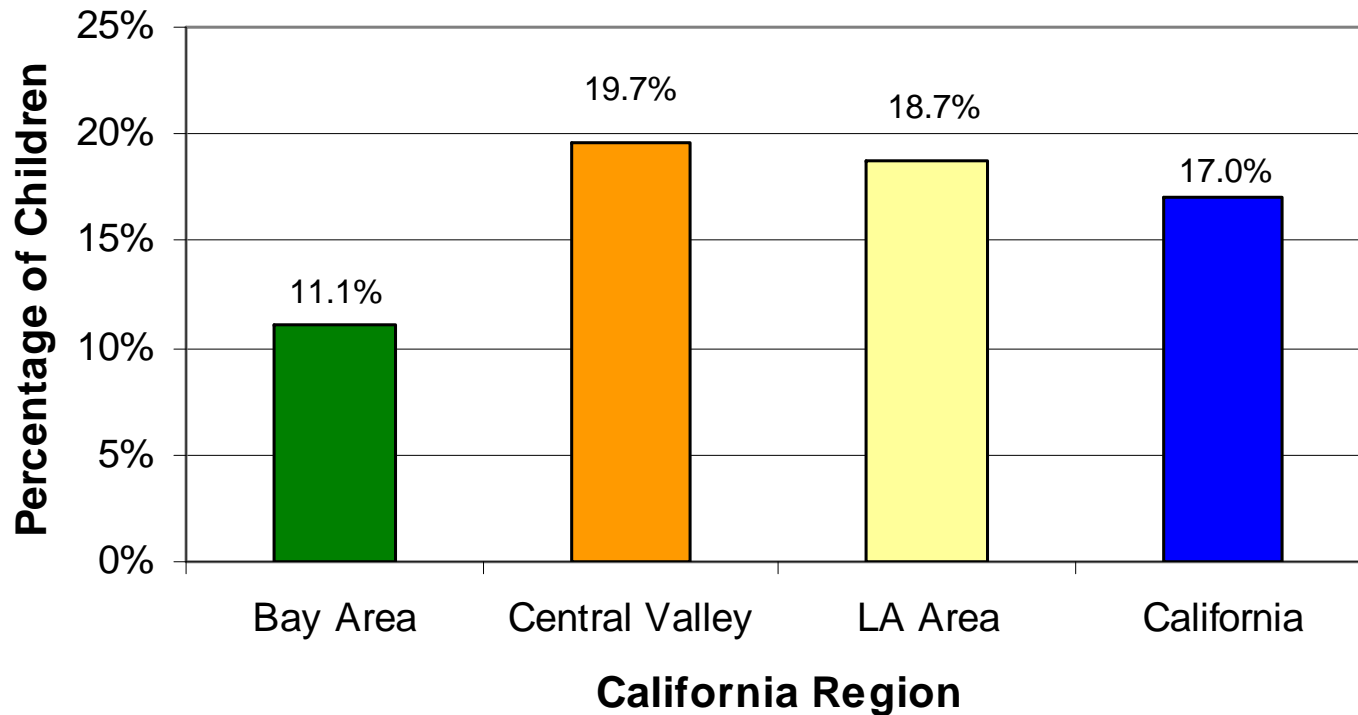
Breastfeeding Initiation Percentage by California Region, 2005-2007



Average annual percentage of mothers initiating breastfeeding out of those with known feeding method.

Source: County Health Status Profiles, California Department of Public Health

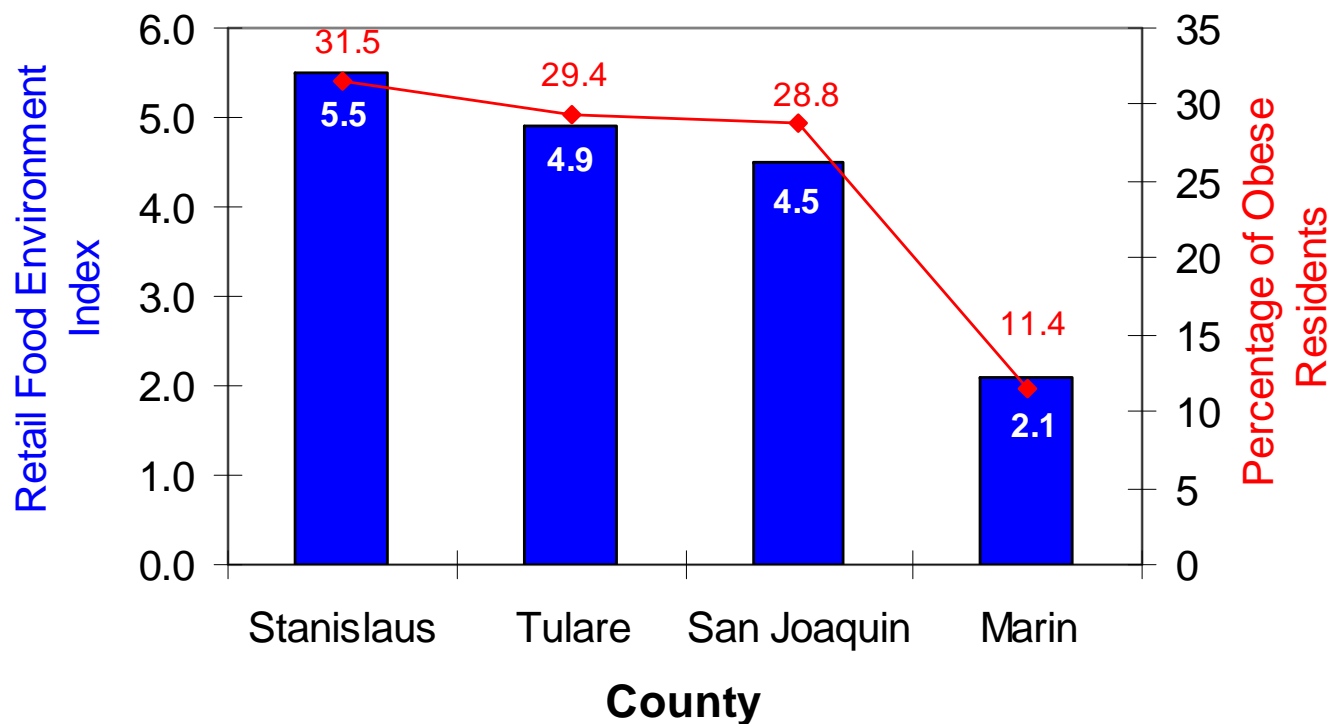
Children Living in Poverty by California Region, 2006



Percentage of children under 18 years living in poverty in 2006.

Source: County Health Status Profiles, California Department of Public Health

Obesity Prevalence and the Retail Food Environment



Source: *Designed for Disease: The Link Between Local Food Environments and Obesity and Diabetes*, UCLA Center for Health Policy Research (see www.publichealthadvocacy.org/designedfordisease.html)

¹Defined as quick services restaurants where primary product is pizza or franchises whose primary product is sandwiches.

What Does it Take?

- Basic Needs
- Environment
- Health Care
- Education
- Psychosocial / Emotional Health

Basic Needs

- Access to healthy, affordable food
- Living wage jobs are available to the community
- Child care is available that is
 - Nurturing
 - Developmentally appropriate
 - Supportive of the educational growth of the child
- Convenient, comprehensive transportation system

Environment

- Family has access to housing that is
 - Affordable
 - Safe
 - Healthy
- Communities
 - Support physical activity and good nutrition
 - Multi-use
 - Free from violence

Health Care

- People have access to health care through out their life course
- Chronic health conditions are managed
- Preventative health care services are accessed
- Pregnancies are planned

Education

- Youth graduate with the skills necessary to support themselves
- Vocational education is available to all students
- Life skills such as budgeting and household management are taught
- Comprehensive reproductive health education is provided

Psychosocial Emotional Health

- Relationships are
 - Supportive
 - Free from violence
- Substance abuse is not present
- Parenting is nurturing and supportive of child development

Policy Recommendations

Basic Needs

- Job development of living wage jobs
- Affordable housing readily available
- Walkable communities planned
- Healthy, affordable food is available in all areas of the community
- Child care providers have education and support to meet the needs of children

Policy Recommendations: Environment

- Community planning and development is done with the intention of creating a safe and healthy community

Policy Recommendations

Health Care

- Adequate medical providers throughout the Central Valley
- Universal access to full spectrum health care
- Periodic screening for physical and psychosocial needs is done

Policy Recommendations

Education

- Encourage high school graduation among at-risk teens
- Quality vocational education provides skills for living wage jobs
- Comprehensive life skills education throughout school career
- Comprehensive health education that includes nutrition, sex education, and disease prevention

Policy Recommendations: Psychosocial Emotional Health

- Girls/Boys development, male involvement are provided to all children
- Substance use/abuse treatment services are widely available and accessible
- Parenting education is widely available and accessible and is culturally relevant