PARENT-CHILD RELATIONSHIP MILESTONES

Child:C	Caregiver:	Examiner:	Date:	Diagnosis:		
	Γ	ı	T			T
	1	2	3	4	5	6
Place an X in the box that	Age appropriate	Age appropriate but	Has capacity but	Inconsistent/needs	Barely	Has not reached
matches the milestone and	under all	vulnerable to stress	not at age	support and	evidences	this level
achievement levels	conditions and	and/or constricted	appropriate level	structure to	capacity even	
	full range of	range of affect		function at this	with support	
	affect			capacity	Wasan Sarp sar	
Functional Capacities	direct			capacity		
BOTTOM-UP						
Ia. Getting Calm Together (by		BOTTOM CI				
3 months)						
These functions are built upon the capacity to be calm together						
Ib. When <i>calm</i> , able to make						
eye contact (by 3 months)						
II. When making eye contact,						
able to share joy (by 5 months)						
III. When sharing joy, able to						
create a continuous back and forth flow of communication						
(by 9 months)						
IV. When in a flow, able to						
expand non-verbal						
communication through an						
increasingly nuanced ability						
to read emotional cues,						
intentions, gestures, and to						
solve problems (by 13 to 18 months)						
TOP-DOWN						
V. When sharing <i>emotions</i> ,						
able to create stories via						
symbolic play or pretend play						
with developing language						
skills (by 24 to 36 months)						
VI. When using emotional						
stories, able to make sense						
and solve problems together						
(by 36 to 48 months)						

DIR® Institute adapted from the DMIC, ICDL Press

Original functional levels from ICDL's FEDL; adapted language by Connie Lillas