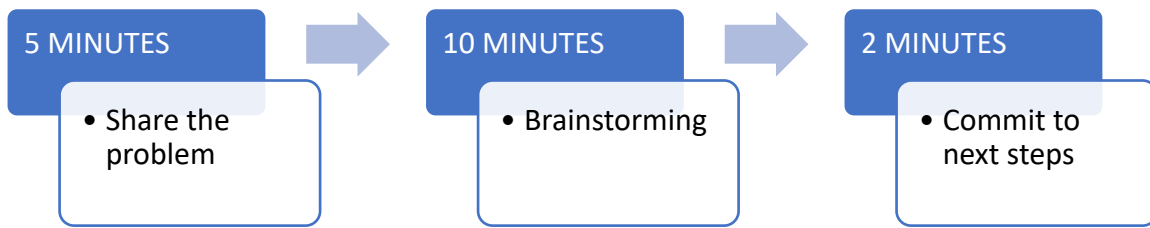


Adaptive Challenge Activity Instructions



ACTIVITY

- Ask for a volunteer to share about an adaptive challenge. They can tell whatever they want about the situation, without any questions. **The person will have 5 minutes (uninterrupted) to share information.** Encourage the person to share as much pertinent information as possible that will help the group to provide ideas and suggestions about their situation. Some prompts to think about...
 - **What is the challenge?**
 - **What do we need to know about your challenge to offer support?**
 - **How does it affect your organization's readiness for practice and system improvement using CPM as a framework? Key teams? You personally?**
 - **Any details we should about a specific aspect of the challenge that you are personally facing?**
- The group members providing feedback may **NOT** ask any follow-up questions.
- Identify someone from the circle to take notes about the ideas and feedback (which will be given to the person who shared the problem at the end of the activity).
- The person offering up the adaptive challenge will remain silent for the duration of the activity until the end. At the end, they will be able to review the list of ideas and feedback and pick 2-3 things that they will commit to doing.
- **The group members now have 10 minutes to brainstorm suggestions.**
- After the 10 minutes of brainstorming the recorder of the suggestions will hand the list to the person who offered the adaptive challenge. The person who presented the problem should now reflect on all of the suggestions (**no more than 2 minutes**) and **state 2-3 things that they will do within a specified time.** They should avoid making evaluative comments about the brainstorm suggestions and not say what they will not do.
- At the end of the activity, the group members will affirm appreciate the person who shared the adaptive challenge.