

Leadership Team Practice Activity 1

Goal: As a follow up from our meeting, this activity provides an opportunity to focus upon, take action, and then reflect on an experience you will have practicing one, or more than one, CPM Leadership Behavior. We look forward to hearing about your experiences!

Activity: Select one or two of the Leadership Behaviors we reviewed together this week and follow the prompts below.

1. Write the behavior here, paying attention to every word, phrasing, meaning, and the intention conveyed.
2. Which of the 11 Values within the CPM does this behavior express?
3. Practice this behavior, perhaps making some adaptations due to your role as a leader. Practice as many times as you can this month!

4. What do you notice, as you are practicing this behavior?

- About yourself?

- About the impact that this behavior has on others?

5. How could you encourage others to practice this very same behavior? Would there be a benefit?

6. What agency support would you need to demonstrate this behavior consistently, no matter what the context?