Social Determinants of Health: The San Joaquin Valley

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Background

- Place Matters Report of the San Joaquin Valley
 - The premature death rate in the poorest zip codes is nearly double the rate in the most affluent.
 - Premature mortality is highest in zip codes with higher % Latinos and higher poverty
 - Similar findings for life expectancy. 21 years differences between zip codes.

Years of Potential Life Lost Before 65



Social Determinants of Health (SDOH)





SDOH for Unique Populations



Data and Approach

- Community-Level Data
 - Census.gov
 - CalEnviroScreen
 - Regional Opportunity Index
 - Walk Score[®]
- Individual-Level Data
 - Birth Statistical Master Files
 - Death Statistical Master Files
 - Emergency Department Visits
 - Hospital Discharge Data
- Approach is to apply statistical methods to identify individual and community characteristics that are strongly associated with specific health outcomes



Health Outcome: Preventable Hospitalizations in Children

- Hospitalization for Ambulatory Care-Sensitive Conditions (ACSC)
 - These potentially preventable events were identified from the Agency for Healthcare Research and Quality's Prevention Quality Indicators which include:
 - Acute respiratory infection
 - Asthma
 - Dehydration
 - Criteria for analysis inclusion
 - Primary diagnosis of an ACSC
 - Ages 0 14
 - Child resides in the San Joaquin Valley
 - Hospitalized in 2012

Individual Characteristics: Preventable Hospitalizations in Children

Table 1: Demographic Characteristics for Population and ACSC Hospitalizations, Children Under 15 Years Old ¹											
Characteristic	Category	San Joaqu	uin Valley	ACSC Hospitalizations							
					otal	White/Non-Hispanic		Hispanic & Other		African-American	
		N	%	N	%	N	%	N	%	N	%
Gender	Male	47,400	50	3,646	55**	973	54	2,371	55	302	57
	Female	47,200	49	2,906	44**	814	45	1,873	44	219	42
	< 1	132,000	13	1,543	23**	372	20	1,075	25	96	18
Age Group in	1 - 4	202,000	21	2,706	41**	772	43	1,768	41	166	31
Years	5 - 9	291,000	30	1,516	23**	413	23	944	22	159	30
	10 - 14	321,000	33	787	12**	230	12	457	10	100	19
Payer	Medi-Cal	543,000	57	4,414	67**	842	47	3175	74	396	76
	Private Coverage	332,000	35	1,726	26**	807	45	873	20	72	13
	Other Government	63,000	6	351	5	117	6	190	4	44	8
	Self-Pay	9,000	<1	61	<1	21	1	31	<1	9	1
Race/ Ethnicity	White/ Non-Hispanic	212,000	22	1787	27**						
	Hispanic & Other	684,000	72	4244	64**						
	African- American	51,000	5	521	8**						
Rate ⁺				68		78		62		127	
Total		980,053		6,552		1,787		4,244		521	

¹Population estimates for the San Joaquin Valley derived from the California Health Interview Survey.

+ Rate of preventable hospitalizations per 10,000.

* Z-test comparing population to ACSC hospitalizations, p < .01.

SDOH: Preventable Hospitalizations in Children

Community by Individual-level Indicators with Significant Associations with ACSC Hospitalizations

Community-level Indicators	All Children	Under 1	Medi-Cal	White	African American	Latino/ Other
Pollution Burden Score	1	1	↑	↑	1	1
Low Poverty	-	-	-	-	-	-
Simpson Diversity Index	1	1	1	-	1	↑
Primary Care-Shortage Areas	1	1	↑	-	-	↑
Pollution Burden Score X Low Poverty	↓/-	-	↓/-	-	-	-



Source: Lessard LN, Alcala E, & Capitman JA (2015). *Journal of Pediatrics*.

Health Outcome: Premature Birth

- Premature Birth
 - Premature birth < 37 gestational weeks
 - Criteria for inclusion in analysis
 - Mother aged 15 40 who reside in the San Joaquin Valley
 - Birth between 2009 2013



Community-level Indicators	Sig.	Individual-level Indicators	Sig.
		Non-Modifiable	
Economic Opportunity	\downarrow	white	Ref
Particulate Matter 2.5	1	African American	1
		Latino	-
Housing	-	Asian/Pacific Islander	1
Civic Life Opportunity	-	Other Race/Ethnicity	1
Education	-	Private Insurance	Ref
		Medi-Cal	1
		Other Insurance	1
		Modifiable	
		Mother with 4-year Degree	\downarrow
		Smoke	1
22		Hypertension	1
to Ma		WIC Services	\downarrow
\mathcal{R}		Previous Premature Birth	1
		Inter-pregnancy Period <33 M	1



Health Outcome: Years of Life Lost in Mexican American Elders

- Years of Life Lost
 - Life expectancy age at death = years of life lost
 - Life expectancy adjusted for gender and age group
 - Criteria for inclusion in analysis
 - Death occurred at age 65+
 - Identified as Mexican American or white
 - Resided in the San Joaquin Valley

Individual Characteristics: Years of Life Lost in Mexican American Seniors

Measures of Longevity for Adults Aged 65 and Older by Gender and Race/Ethnicity								
		Female	Male					
Measure	White	Mexican American	White	Mexican American				
Life Expectancy at Age 65								
Nationwide ^a	20.3	22	17.6	19.4				
California	21.9	22.2	20.7	21.1				
San Joaquin Valley	20.9	21.8	18.6	20.6				
Mean (SD) Years								
Age at Death	83.3 (8.7)	80.9* (8.4)	80.4 (8.6)	79.1* (8.4)				
Years of life lost ^b	-0.21 (5.0)	1.01* (5.0)	-0.15 (4.5)	0.53* (4.6)				
* n < 01								

^a Hispanic estimate by the Centers for Disease Control and Prevention, 2010

^b negative values exceed life expectancy

Source: Alcala E & Capitman JA (2015). *Hispanic Journal of Behavioral Sciences*. In Press.



SDOH: Years of Life Lost in Mexican American Seniors

Community-level Indicators	Sig.	Individual-level Indicators	Sig.
Walk Score [®]	\downarrow	Married	\downarrow
Poverty	1	High School	Ref
Primary Care-Shortage Area	-	No High School Diploma	\downarrow
Percentage of Hispanics	-	4-year Degree or More	\downarrow
		US-Born White	Ref
		US-Born Mexican	1
		Foreign-Born Mexican	1
		Cause of Death	
		Circulatory	Ref
		Neoplasm	1
		Respiratory	1
		Central Nervous System	\downarrow
		Endocrine	1
2 ×		Other Cause	1

Source: Alcala E & Capitman JA (2015). *Hispanic Journal of Behavioral Sciences*. In Press.

Geographic Distribution: Place Indicators

Correlation Matrix of Community Characteristics								
		Simpson		Walk	% African			
Indicator	Poverty	Index	PM2.5	Score	American			
Poverty	1							
Simpson Index	-0.022	1						
PM2.5	-0.012	.263**	1					
Walk Score	.321**	.387**	.343**	1				
% African American	.140*	.575**	0.099	.348**	1			
% Latino	.721**	0.021	0.126	.334**	-0.062			
**. Correlation is significant	at the 0.01 lev							
* ~								

*. Correlation is significant at the 0.05 level (2-tailed).

Geographic Distribution: Health Outcomes

Geographic Distribution of Top Quintile of ACSC Hospitalizations, Years of Life Lost, and Premature Birth



¹ Premature birth at census tract level. Health outcomes are predicted mean values after controlling for individual- and community-level variables.

Discussion



Implications for Strategy

- If specific SDOH affect specific health inequities, how does this influence community strategy to produce fair health outcomes?
- Options
 - Narrowly-focused collective impact effort (e.g. PTBi)
 - Broad focus on multiple aspects of living conditions (e.g. general plan changes and implementation advocacy)
 - Broad focus collective impact collaborative (e.g. community health improvement plan)
- Is your Place Matters initiative adopting one of these strategies? Or others?
- How is your Place Matters initiative tracking and articulating policy approaches across different aspects of SDOH and different inequitable health outcomes?

Questions?