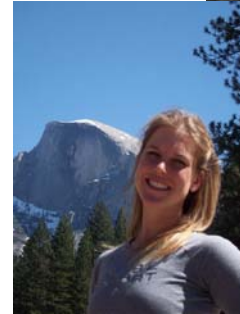


Fresno State Sport Psychology Students and Friends Attempt

Half Dome



Above – Sean and Brittany B. Hiking buddies and BFFs



Left – Brittany Glynn, our visionary

L to R: Sean Chamberlain, Brittany Burns, Katie, Brittany Glynn, Angel, Frank, Dr. Lewis, and Mike (Rhonda Murphy behind the camera)



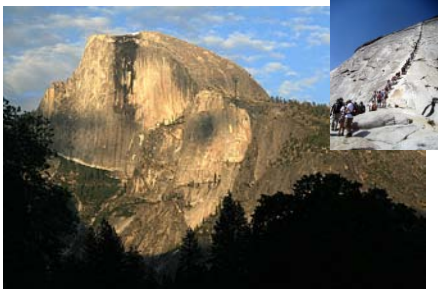
Saturday, May 30, 2009



A beautiful start to a beautiful day!



Above – A view of Yosemite Valley from the John Muir Trail.



Half Dome Quick Facts

Hike Distance: 16.5 miles (26.5 km) round trip via John Muir Trail

Half Dome Elevation: 8,842 ft (2,650 m)

Total Elevation Gain: 4,800 ft (1,600 m) from Yosemite Valley

Hiking Time: 10 - 14 hours

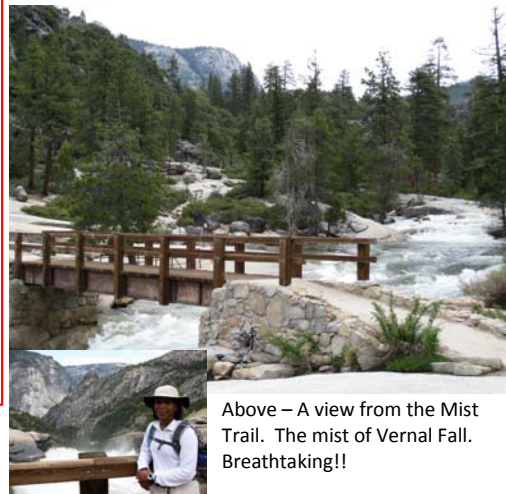
Difficulty: Extreme. It's long, steep at the beginning and end, and more dangerous than most Yosemite hikes. It's probably the most difficult of all Yosemite day hikes. On the traditional 1 to 10 scale, this one rates an 11.

Insanity Factor: 9 out of 10.



Above – Sean, Brittany and Katie on the John Muir Trail nearing the summit of Nevada Fall

Below – Vernal Fall



Above – A view from the Mist Trail. The mist of Vernal Fall. Breathtaking!!

Left – Mile #4: The bridge over the Merced River. Yes, that's Dr. Lewis.

