

WADE D. GILBERT

<https://chhs.fresnostate.edu/about/directory/kinesiology/gilbert-wade.html>

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WORK EXPERIENCE

California State University, Fresno – Department of Kinesiology (2000-present)

- Professor – Sport Psychology / Pedagogy
- Coordinator – Minor in Sports Coaching
- Coordinator - Kinesiology Graduate Program (2022-present)

Softball Canada, Mental Performance Coach, Tokyo Olympics – bronze medalists (2019-2021)

University of California, Los Angeles, Postdoctoral Fellowship – International Center for Talent Development (1999-2000)

EDUCATION

University of Ottawa, Canada; Doctorate in Education (Psychopedagogy, 1999)

University of Ottawa, Canada; Master of Arts (Human Kinetics, 1995)

University of Ottawa, Canada; Bachelor of Physical Education (1993)

PUBLICATIONS

Books and book chapters (n=23), Refereed journal articles (n=59), Invited commentaries (n=29)

Sample Books and Book Chapters

- Gilbert, W. (2021). Introduction: Coaching and its development as a profession. In D. Gould, & C. Mallett (Eds.), *Sport Coaching Handbook* (p. ix-xiv). Champaign, IL: Human Kinetics.
- Gilbert, W., Kubischta, F., & Nieminen, A. (2020). *IIHF coach development framework*. Zurich, Switzerland: International Ice Hockey Federation.
- Gilbert, W. (2020). *USOPC quality coaching framework*. United States Olympic and Paralympic Committee. Champaign, IL: Human Kinetics.
- Gilbert, W. (2020). Standards for coaching effectiveness. In M. Thompson & K. Dieffenbach (Eds.), *Coach education essentials: Your guide to developing sport coaches* (pp. 331-348). Champaign, IL: Human Kinetics.
- Gilbert, W. (2017). *Coaching better every season: A year-round process for athlete development and program success*. Champaign, IL: Human Kinetics.
- Potrac, P., Gilbert, W., & Denison, J. (Eds.) (2013). *The Routledge Handbook of Sports Coaching*. London: Routledge.

Sample Refereed Articles

- Yukhymenko-Lescroart, M.A., & Gilbert, W. (2021). Development and validation of the Coaching Athlete Purpose Scale (CAPS). *Psychology of Sport and Exercise*, 56, 1-15.
- Ruser, J. B., Yukhymenko-Lescroart, M. A., Gilbert, J. N., Gilbert, W., & Moore, S. D., (2020). Gratitude, coach-athlete relationships, and burnout in collegiate student-athletes. *Journal of Clinical Sport Psychology*, 15, 37-53.

- Ferrar, P., Hosea, L., Henson, M., Dubina, N., Kreuger, G., Staff, J., & Gilbert, W. (2018). Building high performing coach-athlete relationships: The USOC's National Team Coach Leadership Education Program (NTCLEP). *International Sport Coaching Journal*, 5, 60-70.
- Trudel, P., Rodrigue, F., & Gilbert, W. (2016). The journey from competent to innovator: Using appreciative inquiry to enhance high performance coaching. *AI Practitioner: International Journal of Appreciative Inquiry*, 18(2), 39-45.
- Siwik, M., Lambert, A., Saylor, D., Bertram, R., Cocchiarella, C., & Gilbert, W. (2015). Long term program development (LTPD): An interdisciplinary framework for developing athletes, coaches, and sport programs. *International Sport Coaching Journal*, 2, 305-316.
- Gallimore, R., Gilbert, W., & Nater, S. (2014). Reflective practice and ongoing learning: A coach's ten-year journey. *Reflective Practice*, 15, 268-288.
- Vierimaa, M., Erickson, K., Côté, J., & Gilbert, W. (2012). Positive youth development: A measurement framework for sport. *International Journal of Sports Science & Coaching*, 7, 603-616.
- Gilbert, W., Nater, S., Siwik, M., & Gallimore, R. (2010). The Pyramid of Teaching Success in Sport: Lessons learned from applied science and effective coaches. *Journal of Sport Psychology in Action*, 1, 86-94.
- Côté, J., & Gilbert, W. D. (2009). An integrative definition of coaching effectiveness and expertise. *International Journal of Sports Science & Coaching*, 4, 307-323.
- Trudel, P., & Gilbert, W. D. (2006). Coaching and coach education. In D. Kirk, M. O'Sullivan, & D. McDonald (Eds.), *Handbook of Physical Education* (pp. 516-539). London: Sage.
- Gilbert, W. D., & Trudel, P. (2004). Analysis of coaching science research published from 1970-2001. *Research Quarterly for Exercise and Sport*, 75, 388-399.
- Gilbert, W., & Trudel, P. (2001). Learning to coach through experience: Reflection in model youth sport coaches. *Journal of Teaching in Physical Education*, 21, 16-34.

PRESENTATIONS

Refereed academic conferences (n=117), Invited keynotes or lectures (n=171)

Sample Invited Keynote Presentations - International

- Coaching Better. (Gilbert, W.). Grand Slam Coaches' Conference: Tennis Australia, 2021.
- Four Phases of Coaching. (Gilbert, W.). International Ice Hockey Federation International Coaching Symposium, Bratislava, Slovakia, 2019.
- What is Good Coaching? (Gilbert, W.). Inside Game Coaching Network Conference, Geneva, Switzerland, 2019.
- Defining Success as a High-Performance Coach. (Gilbert, W.). Canadian High Performance Coach Summit, Montebello, Canada, 2019.
- Coaching Better Every Day. (Gilbert, W.). Irish Rugby Football Union Community Lectures, Dublin, Ireland.
- Principles of quality coaching. (Gilbert, W.). NSSU Coach Developer 5th International Symposium, Tokyo, Japan, 2018.
- Principles of quality coaching. (Gilbert, W.). CoachSG Coaching Better Every Day Conference, Singapore, 2017.
- Becoming an effective coach. (Gilbert, W.). Gaelic Athletic Association Games Development Conference, Dublin, Ireland, 2017.
- Coaching better every season with the 4E's. (Gilbert, W.). Sport Canada Leadership Conference, Richmond, Canada, 2016.

- Creating cultures of continuous improvement and competitive excellence (Gilbert, W.). Connecting Coaches Sport New Zealand conference, Auckland, New Zealand, 2015.
- Creating cultures of continuous improvement (Gilbert, W.). Congress of the International Council for Coaching Excellence, Vierumaki, Finland 2015.
- A Systems Approach to Coach Education and Athlete Development (Gilbert, W.). 2nd International Conference on Coaching Youth in Sport, Porto, Portugal, 2013.
- The Development of Coaching Effectiveness and Implications for Youth Development (Gilbert, W.). Congress of the International Association of Physical Education in Higher Education, A Coruna, Spain, 2010.

Sample Invited Presentations – National

- Coaching Better Every Season. (Gilbert, W). US Ski & Snowboard, Club Excellence Virtual Conference, 2022.
- Coaching Better. (Gilbert, W). US Soccer Coach Education Pro License, Chicago, 2019.
- Building a Coach Learning Network. (Gilbert, W.). United States Olympic Committee's National Team Coach Leadership Education Program, Oklahoma City, 2019.
- Talent Development and Quality Coaching. (Gilbert, W.). USA Water Polo Summit, Newport Beach, 2019.
- Coaching Social and Emotional Skills in Youth Sports: Adult Practices and Contextual Factors Supporting Social and Emotional Skill Development. (Gilbert, W.). The Aspen Institute Sports & Society Program and National Commission on Social, Emotional, and Academic Development. Washington, DC, 2018.
- Becoming a Better Coach. (Gilbert, W.). USA Archery Coach Symposium, Salt Lake City, 2017.

Sample Invited Presentations – State and Local

- Coaching Better Workshop. (Gilbert, W.). Madera Unified School District, Madera, CA, 2019.
- Coaching Your Coaches to be Better. (Gilbert, W.). North Coast Section Athletic Directors Workshop, Napa, CA, 2019.
- Coaching Better Workshop. (Gilbert, W). Polytechnic School, Pasadena, CA, 2019.
- Coaching Better Part 1: Preseason & In-season. (Gilbert, W). Golden West High School, Visalia, CA, 2019.
- Coaching Your Coaches: The Key to Ensuring Athletic Department Success. (Gilbert, W.). California State Athletic Directors Association 51st Conference, San Diego, 2019.
- Coaching Better Every Season. (Gilbert, W.). California Wrestling Coaches Seminar, Fresno, CA, 2018.
- Learning How to Become a Better Coach. (Gilbert, W). Fresno Unified School District Coach Induction Seminars, Fresno, CA, 2017.
- 'To Infinity ... and Beyond!' Principles of Talent Development (Gilbert, W.). Inaugural Distinction Lecture, California State University, 2013.

GRANTS AWARDED

\$676,000 (USD) (federal, private foundations, and internal university competitive awards)

Sample Grants

- (2022-2022). Building a Sport Leadership Community of Practice, Center for Sports Transformation (Gilbert, W.). (\$45,166)

- (2021-2023). Center for Sports Transformation planning grant, Lilly Endowment Inc. (Gilbert, W., Isch, J., LeCrone, J., Vaughn, R., & Elsener, D.) (\$250,000). Grant No. 2021 1671
- (2015). Revision of Introduction to Coaching coach education program, LA84 Foundation (W. Gilbert, J. Gilbert, & T. Hamel). (\$11,620)
- (2011-2014). Building a System of Continuous Improvement for Sport Coaches, Fresno High School and Fresno Unified School District (Gilbert, W.). (\$25,000)
- (2009). Implementation of an Action Plan for the Overall Development of Student-athletes, Social Sciences and Humanities Research Council of Canada, (P. Trudel, T. Forneris, D. Culver, P. Werthner, W. Gilbert). (\$125,164 CDN)
- (2006). Inter-institutional Collaborative Research Award, College of Health and Human Services, California State University, Fresno, (Gilbert, W). (\$10,000)
- (2004). California State University, Fresno, Central California Children's Institute, Faculty Research Fellowship (Gilbert, W.). (\$10,000)

GRADUATE RESEARCH SUPERVISIONS

Master's level (n=97), 54 chair / 30 committee member

Doctoral level (n=12), 12 external committee member (Australia, Canada, Ireland, UK)

Sample Graduate Theses - Committee Chair

- Development and Initial Validation of the Coaching Purpose Related to Athlete Positive Development Scale. (Mariya Yukhymenko). California State University, Fresno.
**Outstanding Thesis Award, College of Health & Human Services, 2019-2020*
- Profile and Meaning of Positive Touch (Tactile Communication) in Collegiate Women's Basketball: A Case Study (Inge Milius). California State University, Fresno.
**Outstanding Thesis Award, Department of Kinesiology, 2013-2014*
- Tracing the Origins of Coaching Science: A Citation Path Analysis (Sandrine Rangeon). California State University, Fresno.
**Outstanding Thesis Award, College of Health & Human Services, 2010-2011*
- SHAPE: School-based Healthy Activity Program for Exercise (Sarah McCord). California State University, Fresno.
**Outstanding Thesis Award, Department of Kinesiology, 2005-2006*

AWARDS AND RECOGNITIONS

Sample Awards and Recognitions

- Distinction Lecture, Fresno State Talks Lecture Series, California State University, Fresno.
- Faculty Mentor Award, College of Health and Human Services, California State University, Fresno.
- Kristen Marie Gould Lecture on Sport for Children and Youth, Michigan State University.
- Fresno State Teacher Honor Wall, Fresno County / KSEE 24 Educator of the Week.
- Provost's Faculty Scholarship Support Award, California State University, Fresno.
- Spirit of Service Award, Civic Engagement and Students for Community Service Office, California State University, Fresno.
- Cal Botterill Lecture Series, University of Winnipeg, Canada.
- Dorothy V. Harris Memorial Award, Association for the Advancement of Applied Sport Psychology.

- Outstanding Advisor, Fresno State Leadership Program, California State University, Fresno.
- Promising New Faculty Award, Office of the Provost, California State University, Fresno.
- Outstanding Faculty Publication, Department of Kinesiology, California State University, Fresno.
- Presidential Citation, Association for the Advancement of Applied Sport Psychology.

SERVICE AND ADVISORY ROLES

Editorial Boards

- International Sport Coaching Journal, Emeritus Editor (2020-present)
- International Sport Coaching Journal, Editor-in-Chief (2013-2019)
- Journal of Sport Psychology in Action, Associate Editor (2011-2014)
- Journal of Coaching Education, Associate Editor (2012-2013)
- Quest, Editorial Board Member (2011-2013)
- Sports Coaching Review, Editorial Board Member (2011-2013)
- Journal of Coaching Education, Editorial Board Member (2011-2012)
- Journal of Sport Psychology in Action, Editorial Board Member (2010)
- The Sport Psychologist, Editorial Board Member (2004-2011)
- International Journal of Sports Science & Coaching, Editorial Board Member (2005-2011)
- Podium Sports Journal, Advisory Board Member (2007-2010)
- International Journal of Coaching Science, Editorial Board Member (2006-2011)
- PELINKS4U, Section Editor – Coaching (2002-2005)
- Asian Journal in Exercise and Sports Science, Editorial Board Member (2001-2009)

Performance Consulting (listed alphabetically)

Alpine Canada, Australian Rules Football (Brisbane Lions, Richmond Tigers), British Columbia Alpine, British Columbia Rugby, Canadian High Performance Sport Institutes (Atlantic, Manitoba, Pacific), Coaching Association of Canada, Canadian Olympic Association, Cricket Australia, England Rugby Union, Fresno State Athletics, Fresno Unified School District, Gaelic Athletic Association, High Performance Sport New Zealand, Hockey Canada, Irish Rugby, LA84 Foundation, Moorpark Community College, National Hockey League / National Hockey League Players Association, National Rugby League (Brisbane Broncos, Melbourne Storm, North Queensland Cowboys, South Sydney Rabbitohs), New Zealand Rugby, Professional Golfers Association of America, Rowing Canada, Rugby Australia, Scottish Rugby, Sport SG (Singapore), Softball Canada, Sport New Zealand, Sun Valley Ski Education Foundation, Tennis Australia, Toronto Maple Leafs Hockey Club, United States Hockey League (Dubuque Fighting Saints), United States Olympic and Paralympic Committee (National Team Coach Leadership Education Program), USA Archery, USA Football, USA Hockey, US Lacrosse, US Rowing, US Ski & Snowboard, US Soccer, USA Water Polo, Valley Volleyball Academy, Welsh Rugby Union, World Rugby Union, World Wrestling Entertainment, EXOS