

Kathleen S. Rindahl
krindahl@mail.fresnostate.edu
Assistant Professor, Fresno State

EDUCATION

2011- 2013 Doctor of Nursing Practice, Western University Of Health Sciences,
Pomona, California, Research Focus ~ Screening for Eating Disorders

2007- 2009 Master of Science, Nursing ~ Primary Care/Nurse Practitioner Option,
Fresno State University, Fresno, CA. Research Focus~ Recognizing Eating
Disorders

2001-2003 School Nurse Credential, Fresno State University, Fresno, CA.

1988-1995 Bachelor of Science, Nursing, California State University at Los
Angeles

1986-1988 Diploma, Los Angeles County Medical Center, School of Nursing, Los
Angeles, California.

1980-1981 Hospital Corpsman, United States Navy Hospital Corps School, Great
Lakes, Illinois.

1978 Certification, Nursing Attendant, Adult Education, Covina, CA.

PROFESSIONAL EXPERIENCE

Nursing

2016-Present Northwest Medical Group, Urgent Care, Fresno, California

2011-2016 APNA Urgent Care, Fresno, California, Family Nurse Practitioner

2010-2011 Madera Family Health Services Clinic, Madera, California
Family Nurse Practitioner

2008-2013 CPR/BLS Instructor, Fresno County Office of Education

2003-2013 Fresno County Office of Education, Migrant Health, Public Health,
School Nurse, Nurse Practitioner

1996-1997 Cardiac Rehabilitation Specialist Saint Agnes, medical Center, Fresno,
California

1990-1995 Cardiac Rehabilitation Specialist, Huntington Memorial Hospital, Pasadena,
California

1988-1990 Staff Nurse, Nurse Clinician, Neuro, Cardiac and Chest floor, Hunting
Memorial Hospital, Pasadena, California.

1986-1988 Student Nurse Worker, Float Pool Los Angeles County Medical Center, Los
Angeles, California.

1984-1987 Certified Nursing Attendant Inter-Community Medical Center, Covina, California

1978-1980 Certified Nursing Attendant Rowland Convalescent, Covina, California

Teaching

2013- Present Assistant Professor, School of Nursing, College of Health and Human Services, Fresno State University

Baccalaureate level

Community Health Didactic

Community Health Clinical

Nursing Pathophysiology

Comprehensive Health Appraisal

Nursing Issues and Trends/RN-BSN

Mobile Clinic Training Site for Student Nurses

Guest Lecturer CHHS Honors Program-Cultural Diversity

Guest Lecturer for Kinesiology, Eating Disorders

Graduate level

FNP Role in Tertiary Prevention

Advanced Health Assessment

Masters Project Chair

Faculty Clinic Training Site for Student Nurse Practitioners

Faculty Clinic @ Spirit of Woman

Service Learning Courses

Lead Faculty, Yurai, Fiji

Lead Faculty, Naboutini, Fiji

2012-2013- Adjunct Faculty, Department of Health Sciences, Fresno City College
Mental Health Clinical Rotations

2012-2013 Rural Health Immersion Project, University of San Francisco

Fresno State University, Department of Psychology,

Guest Lecturer "Identify Eating Disorders"

Military Experience

1980-1984 Hospital Corpsman, United States Navy, Petty Officer Third Class, Rapid Medical Deployment Force, Naval Submarine Medical Center Groton, Connecticut.

Administrative Experience

2017-Present Academic Policy & Planning Committee, Fresno State University

2017-Present Executive Committee, College of Health and Human Services, Fresno State University

2015 - Present Instructional Technology Subcommittee, College of Health and Human Service, Fresno State University

2016- Present Faculty Advisor, Diabetic Coalition, Fresno State University

2015- Present Faculty Advisor, California Nurses Student Association

2015 - 2017	Coordinator, Baccalaureate Committee, School of Nursing, College of Health and Human Services, Fresno State University
2015- 2017	Vice President, Untenured Faculty Organization
2015-2017	IRB Committee School of Nursing, College of Health and Human Services
2013 - 2107	Graduate Committee, School of Nursing, College of Health and Human Services, Fresno State University
2013 - Present	Faculty Council Committee, School of Nursing, College of Health and Human Services, Fresno State University
2013 - Present	Baccalaureate Committee, School of Nursing, College of Health and Human Services, Fresno State University
2013 - 2017	NP Committee, School of Nursing, College of Health and Human Services, Fresno State University
2014 - 2015	DNP Committee, School of Nursing, College of Health and Human Services, Fresno State University
2013 - 2014	President's Organizational Engagement – Work/Life Review Task Force, Fresno State University

PUBLICATIONS

International Journal of Nursing

"Student Impact on Health: Providing Collaborative Care to Underserved Populations with the Implementation of a Mobile Health Program"

International Journal of Health Sciences

"A Systematic Review of literature on School Screening for Eating Disorders"

Complementary, Alternative, Integrative Health.

Book Chapter "Manipulative and Body Based Practices
Authors Rindahl/Castle/Pizon-Perez

PRESENTATIONS

International

Global Nursing Conference, 2017. Podium Presentation, "*Student's Providing Health Services to Underserved Populations*". Amsterdam, Netherlands.

Nursing World Conference, 2017. Podium Presentation
"*Screening for Eating Disorders, A missed opportunity*". Las Vegas, NV.

4th World Conference on Psychology & Sociology, Podium Presentation
"*Screening School Children for eating Disorders: A Missed Opportunity*", Rome, Italy.

School Nurse International Conference 2015, Podium Presentation
“*School Nurses Screening for Eating Disorders*” London, England

National

Mobile Health Clinics Association, 2016 Conference, Memphis, TN,
Podium Presentation, “*Student's Providing Health Services to Underserved
Populations*”

Mobile Health Clinics Association, 2015 Conference, St. Louise, MO,
Poster Presentation, “*Fresno State University, School of Nursing: On the
Move*”.

Doctors of Nursing Practice National Conference Poster Presentation
“*Screening for Eating Disorders in Primary Care*”

National Association of School Nurses, Annual Conference
Poster Presentation “*School Nurses Screening for Eating Disorders*”

National Symposium of Nurse Practitioner’s Poster Presentation,
“*Screening for Eating Disorders*”.

State (California)

Health Work Force Initiative, State Conference, Pomona, California,
Podium Presentation “*Mobile Health, Students Providing Service to
Underserved Populations*”

The California Society for Cardiac Rehabilitation State Conference, Podium
Presentation, Fresno, CA, “*The Use of Technology in Managing Diabetes*”.

Fresno State School of Nursing, 1st Annual Nursing Symposium, Podium
Presentation, Fresno CA, “*Out of the Hospital and into the Community:
When the Community is your Patient*”.

California School Nurses Organization, Annual Conference
Podium Presentation “*School Nurses Screening for Eating Disorders*”

San Joaquin Valley Chapter of National Association of Pediatric Nurse
Practitioners, (NAPNAP) Annual Half-Day Conference Podium
Presenter, “*Eating Disorders*”

California Association of Nurse Practitioners Annual Conference, Podium
Presentation, “*Screening for Eating Disorders*”.

California School Nurses Organization Annual Conference,
“*Seeing RED*” Recognizing Eating Disorders /Teenage Issues Symposium

City/County School Nurse Seminar
“*Seeing Red, Recognizing Eating Disorders*”

PROFESSIONAL CERTIFICATIONS

2009-2019	American Academy of Nurse Practitioners National Certification
2009-2019	Advanced Cardiac Life Support Certification
2009-2019	Pediatric Advanced Life Support Certification
2009-2019	Basic Life Support, CPR Instructor Certification
2009-2019	California Board of Registered Nursing, Nurse Practitioner License
2007-2020	State of California School Nurses Service Credential
2003	State of California Health Services, School Audiometrist
1995	California Board of Registered Nursing, Public Health Nurse Certificate
1988-2017	California Board of Registered Nursing, RN License
1978	Certified Nursing Attendant (CNA)

PROFESSIONAL ORGANIZATIONS

2017- Present	Counselor, Mu Nu Chapter, Sigma Theta Tau, International
2014-2017	President, Mu Nu Chapter, Sigma Theta Tau, International
2014- Current	National League of Nurses, Leadership and Legislation Committee
2013-Current	Member, National Organization of Nurse Practitioner Faculties
2010-Current	Member, American Academy of Nurse Practitioners
2009-Current	Member, American College of Nurse Practitioners
2008-Current	Member, Sigma Theta Tau, International Nursing Honor Society
2008- Current	Member, PHI KAPPA PHI Honor Society
2003- Current	Member, California School Nurses Organization
2003- Current	Member, National Association of School Nurses

HONORS/AWARDS/GRANTS

2017	Excellence in Professional Education, Association of California Nurse Leaders.
2017	Faculty of the Year Award, California Nursing Student's Association.
2017	Principle Investigator, Advance Nursing Education Workforce Program U.S. Department of Health and Human Services, Awarded 1099,314.00

- 2015 Principle Investigator, California Endowment Song-Brown, Special Projects/Mobile Health Unit, Grant Awarded, 125,000.00
- 2015 Nurse of the Year, Nurse Leader Organization & Sigma Theta Tau
- 2014 Principle Investigator, National Association of School Nurses Research Grant, 5,000.00, Not Awarded.
- 2014 Principle Investigator, California Endowment Song-Brown, Special Projects/Family Nurse Practitioner, Grant Awarded, 148,924.00.
- 2014 Secondary Investigator, California Endowment, Song-Brown, Special Projects, Mobile Health Unit, Grant Awarded, 103,000.00.
- 2013 Award, Excellence in Nursing Practice, Western University of Health Sciences
- 2009 Induction, Honor Society, Sigma Theta Tau, International & Phi Kappa Phi
- 2008 Commendation, County of Los Angeles, Heroic Citizen, Helicopter Crash
- 1984 Rusichovich Memorial Award for Excellence in Patient Care

COMMUNITY SERVICE

- 2016 Reaching Out to Aspiring Doctors, Panel Discussion, Community Regional Medical Center, Fresno California
- 2015-Present Health On Wheels, California Student Nurses Association, Fresno State University
- 2014-Present Mobile Health Unit, Fresno State University
- 2014-2015 Clovis Unified Science Fair, Project Advisor
- 2014- Present Member, American Legion, Post 509.
- 2014-2016 California Scholarship Federation, Reviewer, Nursing Scholarships
- 2009-Present Volunteer First Aide and CPR Instructor for Boy Scouts of America, Fresno County Office of Education and Community Churches
- 1997-2009 Parent Volunteer Nelson Elementary School
- 1996-2002 Saint Agnes Associates Fund raising for Holy Cross Center for Women.
- 1978-1980 Volunteer Interpreter for the deaf Walnut Baptist Church

RESEARCH INTERESTS

Eating Disorders and the Health and Wellness of School Children
 Rural and Community Health Practices
 Complementary Alternative Medicine Practices
 Cultural Diversity in Health Care