

## Neelam Chanda, D.N.A, R.N., PhD

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### ACADEMIC QUALIFICATIONS:

PhD	School of Nursing, University of California, San Francisco (UCSF)	(2005)
MS	Psychiatric Nursing National Institute of Mental Health and Neurosciences (NIMHANS), Deemed University, India	(1999)
AA	Nursing-Administration Institute of Health Care Administration, India	(1995)
BS	Nursing Bangalore University, India	(1993)

### RESEARCH INTERESTS

#### PhD Dissertation

Topic: The Relations between Family Environment and Preschool-Aged Children's Experiences in Child Care Centers

*This study examined if stressful life events, and daily life hassles in a family influence stress experienced by preschool -aged children in child care settings, and whether family routines help mitigate the impact of stress in preschool - aged children.*

#### MSN Dissertation

Topic: Effectiveness of Assertiveness Training for Nursing Ward Supervisors

*The study aimed at finding out the effectiveness of an assertiveness training program on nursing ward supervisors using a single group design.*

### PROFESSIONAL EXPERIENCE

**Co-Guide for the following students registered at Vinayaka Mission's Research Foundation, Deemed University, Salem, India, and Ramachandra University, Porur, India**

Name of the Students	Dissertation Topics
<b>1. Valliammal</b>	<b>A Study to Evaluate the Effectiveness of Structured Teaching Program on Knowledge , Attitude and Practice of Physical Wellbeing among School Children (8-10 years) in Selected Schools of Bargur,Krishnsgiri,Tamilnadu ”</b>
2. Ms. Jyoti MS	Effectiveness of Structured Teaching Programme on Knowledge, Attitude and Behavior on AIDS and its prevention among Pre-University students in selected colleges of Tumkur
3. Mr. A. T. S. Giri	Efficacy of a Nursing Interventions on the Subjective Well Being and Psychological Distress of Individuals with Hansen's Disease

	in a selected hospital at Bangalore, India.
4. Mr. Jacob C. Thomas	A Study to Assess the Effectiveness of Structured Counseling Program on the Stress and Coping among Nursing Students in Selected Colleges at Bangalore, India.
5. Mr. Binu U	A Study to Compare the Behavior Problems and Family Environment of Juvenile Delinquency with the Normal School Children in Selected Institutions at Karnataka, India.

**Associate Professor**

California State University, Fresno (Full – Time)

**(August 2017 - now)****Mental Health Instructor (Part –Time)**

California State University, Stanislaus

(August 2013 – March 2016)

**Assistant Professor, Division of Nursing**

California State University, Stanislaus

(August '14 – August 2015)

**Assistant Professor, Division of Nursing**

California State University, Sacramento

(August 09 – August 2013)

**Nursing Instructor for Psychiatric Nursing**

California State University East Bay

(January'08 – June 09)

**Jewish Home**

Psych RN (Part time and Per Diem)

(June'08 – May 2014)

**Nursing Director,**

California Nurses and Vocational Institute

(April'08 – April 09)

**Instructor for Psychiatric Nursing**

Gurnick Academy of Medical Arts

(Aug'07 – Nov'07)

**Vice-Principal**

HOSMAT – Hospital Educational Institute, College of Nursing, Bangalore, India (Dec 05 – Feb 06)

Duties included administration and supervision of junior faculty of the college, teaching and evaluation of undergraduate students for the following course:

- Research Methods

**Research Assistant**

University of California, San Francisco. San Francisco, CA.

- *Child Care Health Linkages Project* (2002 – 06/2003)
  - Entering data, and performing data analysis using SPSS.
- *Clinical Trial of Wellness Training for the Mentally Ill* (2001 – 2002)
  - Performed data entry of wellness training project on psychiatric homeless patients.

### **Teaching Assistant.**

University of California, San Francisco. San Francisco, CA

Duties included teaching, supervision and evaluation of master's students for the following courses

- Research Methods (Winter 2002, 2003, 2004)
- Assessment and Management of Common Psychiatric Symptoms (Fall 2003, 2004)
- Family Nursing Theory & Practice (Fall 2003)

### **Nursing lecturer.**

Kempegowda Institute of Nursing, Bangalore, India. (1996 - 2001)

Teaching and supervision of students both in classroom and clinical area for the following courses.

- Psychiatric Nursing
- Nursing Management
- Psychology
- Anatomy & Physiology
- Orthopedic Nursing
- ENT
- Midwifery

### **Part-time nursing lecturer.**

Faran College of Nursing, India. (1999 - 2001)

- Medical- Surgical Nursing and Psychiatric Nursing.

### **Nursing lecturer.**

The Oxford School of Nursing, Bangalore, India (1993-1995)

- Teaching and supervision of students both in classroom and clinical area.
  - Anatomy & Physiology
  - Psychiatric Nursing
  - Medical-Surgical Nursing
  - Nursing Management.
- Coordinator of students' activities (Student Nurses Association Unit, Karnataka Chapter).

### **HONORS AND AWARDS**

- **Faculty International Curriculum Enhancement and Research Funds** (2018)
- Professional Faculty Development Award , CSU- Stanislaus (2014- 2015)
- Professional Faculty Development Award , CSU- Sacramento (2010- 2011)
- Graduate Dean Health Science Fellowship, UCSF. (2004 – 2005)
- Century Club Scholarship (2004-2005)
- School of Nursing Fellowship, UCSF. (2004-2005)
- Non-Resident Scholarship, UCSF. (2003-2004)

- Sigma Theta Scholarship, Alpha Eta Chapter, UCSF. (2003)
- Non-Resident Tuition Scholarship, UCSF. (2002-2003)
- Nursing Alumni Scholarship Award, UCSF. (2002)
- Highest Marks in Statistics, in MSN, NIMHANS, India (1999)
- Best Teacher Award from Graduating Nursing Students, The Oxford School Of Nursing (1995)

## PROFESSIONAL MEMBERSHIPS

- American Psychiatric Nurses Association (2012- 2013)
- California Faculty Association (2006- now)
- Life Member of Indian Society of Psychiatric Nurses (I.S.P.N) (2006- now)
- Life Member of Sigma Theta Tau, Alpha Eta Chapter, UCSF. (2002 - 2005)
- Life Member of Trained Nurses Association of India. (1993 – now)
- Life Member of Karnataka Nursing Council, India. (1993 – now)
- Life Member Alumni Member of National Institute of Mental Health and Neurosciences, India.

## INVITED PAPERS, LECTURES, PRESENTATIONS

### *Local, National and International*

- Presenter** "Teaching Therapeutic Communication to Nursing Students" National Nurse-Educator Summit, Salt Lake City (2018)
- Speaker** Trends in Liaison Psychiatric Nursing, India (2018)
- Presenter** The Relations between Family Environment and Preschool-Aged Children's- Experiences in Child Care Centers (2010)  
California State University, Sacramento
- Presenter** Community Nursing in India (2003)  
University of California, Berkeley.
- Presenter** "Effectiveness of Assertiveness Training for Nursing Ward Supervisors" (2000)  
National Institute of Mental Health and Neurosciences Alumni Conference, India.

## WORKSHOPS AND CONFERENCES ATTENDED

- AACN 2017
- Moving Towards an Integrated Model of Care (UC Davis) (2012)
- The 3<sup>rd</sup> International Conference in Psychiatric Nursing, India (2011)
- Engagement Faculty Learning Community (2010)
- Teaching Institute (Technology) (2010)
- Magic in Teaching, CINCH (2009)

- State of the Science in Stress and Coping, UCSF (2009)
- Colon, Bangalore Surgical Gastroenterology Group (2006)
- Preparing Future Faculty, UCSF Department of Student Academic Enrichment Programs (2004)
- Training in Clinical Research, UCSF Department of Epidemiology and Biostatistics. (2003)
- CIT Summer Forum on Technology in Teaching: UCSF. (2003)
- Strengthening Skills in Research and Research Guidance Workshop,  
• College of Nursing, Manipal Academy of Higher Education. Manipal, India. (2000)
- Family & Mental Disability Workshop, Bangalore, India. (1998)
- Mental Health and Psychiatric Nursing Workshop, Bangalore, India. (1997)

### Publications:

**Martin C. T. & Chanda, N.** (2016). Mental health clinical simulation: Therapeutic Communication. *Clinical Simulation in Nursing*, 12(6) 209-214

DOI: <http://dx.doi.org/10.1016/j.ecns.2016.02.007>

- Chanda, N. (2011). Stress and Stress Management. *Indian Journal of Psychiatric Nursing*. 2 (1), 86-88
- Lalitha, K., Prabudeva, S.S., Chanda, Neelam, Darshan. S. (2010) .A Correlative Survey on Stress and Coping Among Post- MI Survivors. *Nightingale Nursing Times Journal of India*. 6 (8), 15-17, 35
- Chanda, N., &Alkon, A. (2009) The Relations between Family Environment and Preschool-Aged Children’s Experiences in Child Care Centers. *Nightingale Nursing Times Journal of India*. 5(9), 4-8, 59.
- Lalitha, K., Gandhi, S., Thennarasu, K., & **Thadani, N.** (2005). Effectiveness of a Workshop on Biostatistics and Research Methodology in Nursing on Selected Variables in Nursing. *Nightingale Nursing Times Journal of India*. Feb, 14-20.
- Lalitha, K., Gandhi, S., Thennarasu, K., & **Chanda, N.** (2004). Effectiveness of a Continuing Nursing Education Program on Biostatistics and Nursing Research. *Indian Journal of Continuing Nursing Education*. 5(1), 39-40.

**COMPUTER SKILLS**

Windows 2000/XP, Microsoft Word, Excel, Visio, Endnote, SPSS and WebCT and BlackBoard

**LICENSURE:**

California Board of Nursing RN: 709661

