



Note: There is a 2.75 Overall GPA requirement for being admitted into the Public Health Major.

This roadmap is a **recommended** semester-by-semester plan of study for this major.

Course Subject and Title	Credit Hours	Min. Grade	Important Notes
Semester One: [15 Credit Hours]			
GE A1 – Oral Communication	3	C	
GE A2 – Written Communication	3	C	
GE C1 – Arts	3	C	
PH 90 – Contemporary Health Issues (GE E)	3	C	
PH 92 – Public Health Statistics (GE B4)	3	C	Alternate course: MATH 11
Semester Two: [15 Credit Hours]			
BIOL 10 w/ Lab (GE B2)	3	D	
GE A3 – Critical Thinking	3	C	
GE B3 – Laboratory Component	0	D	BIOL and CHEM have mandatory labs at CSUF
GE C2 – Humanities	3	C	
GE C1 – Arts or C2 – Humanities	3	C	
GE D1 – American History	3	C	Prerequisite – GE A2 for Students in English Categories III and IV
Semester Three: [16 Credit Hours]			
CHEM 3A w/ Lab (GE B1)	4	D	Prerequisite – GE B4
GE D2 – Social Science	3	C	Prerequisite – GE A2 for Students in English Categories III and IV
GE F – Ethnic Studies	3	C	
PLSI 2 – US and California Government	3	C	
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Semester Four: [15 Credit Hours]			
CHEM 3B – Introduction to Organic Chemistry	3	D	No lab is required; Alternate course: BIOL 20
GE MI – Multicultural/International	3	C	Prerequisite – GE Foundation and Completion of Area D + PLSI 2
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
PH 100 – Community Health	3	C	
PH 109 – Epidemiology	3	C	Prerequisite – PH 92 or equivalent course
Semester Five: [14 Credit Hours]			
BIOL 33 – Intro to Human Anatomy and Physiology	5	D	Alternate course: BIOL 67 & 67B (must take both)
GE IC – Arts and Humanities	3	C	Prerequisite – GE Foundation and Completion of Area C
PH 131 – Principles of Health Education	3	C	
PH 161 – Environmental and Human Health (GE – IB)	3	C	Prerequisite – GE Foundation and Completion of Area B



Note: There is a 2.75 Overall GPA requirement for being admitted into the Public Health Major.

Course Subject and Title	Credit Hours	Min. Grade	Important Notes
Semester Six: [15 Credit Hours]			
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
PH 114 – Health Behavior	3	C	Prerequisite – PH 100
PH 163 – Public Health Administration	3	C	
Upper Division Writing Skills	3	C	May be cleared by taking any ‘W’ course.
Semester Seven: [15 Credit Hours]			
GE ID – Social, Political and Economic	3	C	Prerequisite – GE Foundation and Completion of Area D + PLSI 2
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Semester Eight: [15 Credit Hours*]			
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
Public Health elective or Major-Related elective	3	C	(See following tables for list of acceptable courses)
PH 133 – Health Education Methods	3	C	Prerequisite – PH 114 and PH 131

*** Completion of 120 units is required to graduate. Depending on units accrued through taking alternative courses, the total units that remain to complete may be different than 15.**

Public Health Major elective courses include: (at least 5 courses must be taken)

PH 48	First Responder & Emergency Care	PH 49	Emergency Medical Technician Training
PH 91	Human Sexuality (GE - E)	PH 104	Global, Cultural Issues in Health (GE – MI)
PH 105	Risk Assessment and Analysis	PH 110	Drugs, Society, and Health (GE – E)
PH 111	Alcohol and Alcoholism	PH 112	Consumer Health
PH 115	Health Issues of Aging	PH 126	Female Sexuality
PH 128	Holistic Health and Alt. Medicine (GE – MI)	PH 129	Rural Health
PH 130	Women’s Health	PH 135	Introduction to Human Disease
PH 152T	Topics in Health (up to 6 units)	PH 182	Computers for the Health Professions
PH 188	Internship (up to 6 units)	PH 190	Independent Study (up to 6 units)

Major-Related elective courses include:

ACCT 3	Essentials of Accounting	CFS 39	Intro to Child and Adolescent Development
COMM 3	Fund. of Public Communication (GE – A1)	COMM 4	Introduction to Interpersonal Communication
COMM 8	Group Discussion (GE – A1)	COUN 174	Introduction to Counseling
NUTR 53	Nutrition and Health Realities	NUTR 160	Nutrition Across the Life Cycle



Note: There is a 2.75 Overall GPA requirement for being admitted into the Public Health Major.

Requirements for Graduation (to be checked when completed)

	General Studies (48 units). Must be cleared by an undergraduate academic counselor in the College of Health and Human Services.
	Residence unit requirement (30 unit’s total: 24 upper division, 12 in major, 9 in GE)
	Completion of the 36 upper division unit requirement
	Cumulative GPA of 2.0 and pass all public health core classes and major-related courses with grades of C or higher

Summary: (to achieve the minimum of 120 units)

Public Health Required Courses	42 units	_____
Science Requirements	15 units	_____
General Electives	48 units	_____
Additional Coursework	15 units ^a	_____

^a The number of additional coursework units may vary based on the number of units from other requirements. Work with your advisor to fully understand the total number of units necessary to meet the 120-unit requirement.

Graduation Requirements Summary

Minimum Total Units	Minimum Upper-Division Units	Minimum Core Units	Writing Component	Minimum	
				Major GPA	Overall GPA
120	48	57	Course	2.75	2.00