FRESNO STATE

E.D.G.E. Challenge Course

Thank you for choosing the E.D.G.E Challenge Course, the Central Valley's premiere leadership and personal development experiential learning program. This letter is designed to give you an idea of what to expect and how to best prepare your group for their experience.

As a group leader –

- You will need to fill out and return the agreement form within two weeks of reserving the course. This form helps us schedule and program the appropriate staff and experience to ensure your goals are met.
- You will need to have all participants read and sign the Acknowledgement of Risk form. These should be brought with your group the day of the course. Anyone who does not have a signed waiver will not be able to participate in the activities. Any minors (under 18 years) must have parental permission.
- Campus maps can be located online at http://www.fresnostate.edu/map/ - To get to the ropes course, enter Fresno State at Barstow and Cedar. Go east to the first stop sign, then go south (right). We're located at the end of Campus Drive past the South Gym and in front of the Residence Dining Hall.
- An invoice will be generated shortly after the agreement form is returned. This may at times be several weeks prior to the scheduled course. You are welcome to pay this invoice ahead of time, the day of the course, or within two weeks of completing the course. All checks should be made out to The E.D.G.E Challenge Course and mailed to California State University, Fresno Foundation 4910 N Chestnut Fresno, CA 93726-1852

As a participant –

- Please wear closed toe shoes (no sandals) and clothes that are appropriate for moving around on grass. Long shorts, sweat pants, and baggy clothing is usually more comfortable especially for wearing a harness. Running shoes are best.
- There will be a place to put your personal items inside the course; however we encourage you not to bring valuables with you. The E.D.G.E. Challenge Course is not responsible for lost or stolen items.
- The course is outside; we encourage you to protect yourself from the sun and heat with sunscreen, hats, and lots of water. There is a water fountain inside the course and near the restrooms.
- If you have medical needs (for example, an inhaler) please make sure you bring this with you.
- Mental and Physical Readiness: Be ready to accept new challenges and assist in a safe and cooperative atmosphere. Activities will vary from the non-physical problem solving initiative to fast moving games. Activities may be strenuous for some. However, these activities are challenge by choice. Each participant will decide the threshold of challenge he or she will undertake.

Weather concerns –

- Our course can be run rain or shine. We will not under usual circumstances cancel a course; it will be left up to the group leader to make that call. Should you need to reschedule due to weather please let our program know as soon as possible.
- During extreme heat spells, we will generally incorporate activities that include getting wet and utilize shade as much as possible, plan and dress appropriately.

Should you have any other questions or concerns please feel free to contact us. We look forward to having your group out on the E.D.G.E Challenge Course!