FRESNO STATE
Social Work Education

CALIFORNIASTATE UNIVERSITY, FRESNO
Department of Social Work Education

Psychosocial Assessment Form

Identifying Information

Name: _____ Date: _____

Gender: ☐ Male ☐ Female ☐ Nonbinary ☐ Decline to answer

Ethnicity: _____ Age: _____

Occupation: _____ Primary Language: _____

Relationship Status: ☐ Single ☐ Married ☐ Divorced: Other: _____

Lives with: _____

Referral/Presenting Problem(s)/Concern(s)

Referral Source: _____

Reason for Referral:

History of Presenting Problem(s)/Concern(s)

Summary of History:

Current Functioning(complete all applicable areas):

Strengths:

School/Occupational Adjustment:

Social Adjustment:

Emotional Adjustment:

Health (include relevant medical history)

Family and Support System Information

Family in the Household:

Extended Family and/or Support Systems:

Summary of Family Interaction:

Community Context

Home and Neighborhood Environment:

Relationship with relevant macro systems (schools, workforce, public agencies, etc:)

Additional Information:

Mental Status Exam

1. Appearance:	☐ Neat ☐ Casual ☐ Dirty ☐ Appropriate
Age Appropriate:	☐ Yes ☐ No
Sex Appropriate:	☐ Yes ☐ No
2. Attitude/Sociability:	☐ Average ☐ Engaging ☐ Friendly ☐ Aloof ☐ Negativist
3. Relatedness:	☐ Make Eye Contact ☐ Avoids Eye Contact ☐ Distractable ☐ Cooperative ☐ Uncooperative
4. Motor Activity:	☐ Appropriate ☐ Hyperactive ☐ Restless
5. Affect: Impulse control:	☐ Adequate ☐ Easily Distracted ☐ Poor
Range:	☐ Appropriate ☐ Inappropriate ☐ Flat

6. Mood: ☐ Euthymic ☐ Depressed ☐ Anxious

Quality: ☐ Consistent ☐ Labile

7. Speech: ☐ Coherent ☐ Incoherent

Voice Tone: ☐ Soft ☐ Moderate ☐ Loud

8. Thought Process Factors: ☐ Logical ☐ Organized ☐ Coherent ☐ Preservations
☐ Illogical ☐ Disorganized ☐ Blocking ☐ Loose Associations

Content Thought: ☐ Bizarre ☐ Hallucinations ☐ Delusions
☐ Circumstantial ☐ Tangential

Harmful Thoughts: Toward Self: ☐ Yes ☐ No
Toward Others: ☐ Yes ☐ No

If yes, state any plans or threatening statements:

9. Perception: ☐ Accurate ☐ Distorted

10. Orientation: ☐ Person ☐ Place ☐ Time ☐ Focused
☐ Recent Memory ☐ Remote Memory ☐ Distractable

11. Cognitive Function: ☐ General Fund of Knowledge Intact ☐ Gaps in General Fund Knowledge

12. Abstraction: ☐ Abstract Thinker ☐ Concrete Thinker

13. Judgement: ☐ Understands Consequences ☐ Exercises appropriate judgment
☐ Disturbances in judgements

14. Insight: ☐ Minimal ☐ Moderate ☐ High
☐ Intellectual ☐ Emotional

Person-In-Environment

Factor I: Social Functioning Problems

Factor II: Environmental Problems

Factor III: Mental Health Problem

Factor IV: Physical Health Problem

SOCIAL WORK SERVICE PLAN

Name: _____ Date of Plan: _____

Gender: ☐ Male ☐ Female ☐ Nonbinary ☐ Decline to answer Age: _____

MSW Intern: _____

Identified Needs:

1.

2.

3.

4.

Intervention Goals:

1.

2.

3.

4.

5.

Service Plan: (Include modality, intervention method, and frequency for each services)

1.

2.

3.

4.

5.