

# Coaching/Field-Based Training

Interested? Fill out the form linked below.

[Coaching Field-Based Training online form](#)

Coaching is designed to empower you in a supportive and engaging environment. We offer personalized one-on-one video conferencing sessions, making it convenient and accessible for you.

Our conversations are strictly confidential, ensuring a safe and trusting space where you can embrace honest dialogue, learning, and personal growth. We look forward to embarking on this transformative journey with you.

## Our Mission and Vision

ASTA and CCTA deliver services including Field-Based Training for Coaching and Mentoring to support Human Services Supervisors and Managers as a continuation of their professional development.

## Objectives

Guided by self-directed goals, participants will achieve objectives such as:

- Strengthen core leadership abilities to address organizational challenges, support workforce retention and development, and integrate Race, Equity, Accessibility, Diversity, and Inclusion (READI) skills.
- Apply reflective supervision and motivational interviewing to strengthen leadership practice, workforce development, and staff retention.
- Develop and demonstrate key leadership competencies — including prevention, engagement, inquiry, exploration, teaming, advocacy, and accountability — within your organization and to build effective collaborative relationships and serve as strong community partners.
- Use data-driven management skills to inform practice and policy development and implementation and build strong community partnerships to enhance organizational effectiveness and collaboration.

## Participant Voices

From current or past participants...

*"My coach really helped me get through some of the hard times of transitioning into a supervisory position. She provided third party and unbiased feedback that was really helpful. It has been a benefit to my job performance and satisfaction."*

*"I find the sessions very helpful and enlightening. Being able to look at different perspectives and facing challenges from a different angle has made my overall view of my job more positive."*

*"If I hadn't had this coaching, I would have left this job.... I feel more relaxed, heard, understood and supported. I think every Supervisor should have a coach outside of the agency...a "NO JUDGMENT" person to reflect and talk to."*

## Who We Are

The Social Welfare Evaluation, Research and Training (SWERT) Center is comprised of the Adult Services Training Academy (ASTA, serving Central & Bay Area) and the Central California Training Academy (CCTA).

Social Welfare Education, Research, and Training Center - Fresno State

SWERT partners with Human Service providers and other stakeholders to support knowledge and learning about the human condition, social issues, and service delivery systems.

## How to Contact Us

### Phone

(559) 278-8040

### Website

[Field Based Coaching Program Website](#)

### Email Addresses

Adult Services: [astacoaching@mail.fresnostate.edu](mailto:astacoaching@mail.fresnostate.edu)

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