

How to use the wheel?

Rate each area on a scale of 1 to 10, with 10 being the highest. By taking stock of your career satisfaction and taking action accordingly, you can ensure that you're always moving in the right direction. Use the next page to reflect on your ratings.

Job Satisfaction Wheel

01	Write a short reasoning for each of the ratings
02	Which areas of your job wheel need to most improvement and why?
03	What would need to happen to raise your satisfaction in the areas that are currently lacking?
04	What actions can you start taking to improve your job satisfaction in certain areas?